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**General Methods.** Ruthenium trichloride hydrate (RuCl<sub>3</sub>.nH<sub>2</sub>O) was purchased from Aldrich and used as received. Calculations were based on n = 1. The other reagents and solvents were also purchased from standard chemical suppliers and were purified by usual methods. The filtration on silica pad was performed using silica gel Acros (80-230 Mesh). TLC analyses were performed with silica gel plates Merck, using vanilline or p-anisaldehyde solution for visualization.

**1.** RuO<sub>4</sub>-Promoted Oxidative Cleavage of Hexahydro-benzofuran-3a-ols 1a-d. General Procedure. To 7 mL of a 3:2:2 mixture of H<sub>2</sub>O:CCl<sub>4</sub>:CH<sub>3</sub>CN, respectively, was added 1 mmol of the hexahydro-benzofuran-3a-ols 1a-d. To this solution were added 4.1 mmol of NaIO<sub>4</sub> and 2.4 mol% of RuCl<sub>3</sub>.nH<sub>2</sub>O. The reactional mixture was magnetically stirred at room temperature for 1h 15 min. Then, water was added and the aqueous phase was extracted with CH<sub>2</sub>Cl<sub>2</sub> (three times). The combined organic phases were washed with brine (twice) and concentrated by removing part of the solvent under reduced pressure. The resulting residue was then filtered through a small silica gel pad (*ca.* 10cm), washing with CH<sub>2</sub>Cl<sub>2</sub>. The filtrate was dried over anhydrous MgSO<sub>4</sub> and the solvent was removed under reduced pressure to afford 3a-d in the yields shown in Scheme 1 and Table 1, with more than 99% chromatographic purity.

**1.1.** *trans*-**4,8-Dimethyl-oxonane-2,7-dione** (**3a**): colorless oil; IR (film) 1739 and 1719 cm<sup>-1</sup>; <sup>1</sup>H NMR (500 MHz, CDCl<sub>3</sub>)  $\delta$  0.98 (d, J = 6.7 Hz, 3H), 1.06 (d, J = 6.8 Hz, 3H), 1.48-1.55 (m, 1H), 1.96-2.16 (m, 3H), 2.21 (ddd, J = 4.6, 7.0 and 15.4 Hz, 1H), 2.47 (ddd, J = 0.8, 3.7 and 14.1 Hz, 1H), 2.64 (ddd, J = 3.7, 10.8 and 15.4 Hz, 1H), 3.19-3.26 (m, 1H), 3.82 (dd, J = 8.8 and 10.6 Hz, 1H), 4.91 (dd, J = 7.2 and 10.6 Hz, 1H); <sup>13</sup>C NMR (125 MHz, CDCl<sub>3</sub>)  $\delta$  13.2, 22.6, 30.1, 31.8, 41.1, 42.5, 43.6, 67.0, 173.9, 213.0; MS m/z 184 (0.2, M<sup>+</sup>); HRMS calcd for C<sub>10</sub>H<sub>16</sub>O<sub>3</sub> 184.1099, found 184.1090.

- **1.2. 4-Methyl-oxonane-2,7-dione** (**3b**): colorless oil; IR (film) 1738 and 1712 cm<sup>-1</sup>; <sup>1</sup>H NMR (300 MHz, CDCl<sub>3</sub>)  $\delta$  0.99 (d, J = 6.5 Hz, 3H), 1.51-1.63 (m, 1H), 1.89-2.12 (m, 3H), 2.25 (ddd, J = 4.3, 6.6 and 14.9 Hz, 1H), 2.45-2.50 (m, 1H), 2.59 (ddd, J = 3.7, 11.2 and 14.9 Hz, 1H), 2.69 (dt, J = 6.7 and 13.4 Hz, 1H), 2.87 (dt, J = 6.7 and 13.4 Hz, 1H), 4.39 (dt, J = 6.7 and 10.9 Hz, 1H), 4.75 (dt, J = 6.7 and 10.9 Hz, 1H); <sup>13</sup>C NMR (75 MHz, CDCl<sub>3</sub>)  $\delta$  23.1, 32.0, 32.4, 41.5, 41.7, 42.9, 60.7, 174.2, 211.1; MS m/z 170 (4.8, M<sup>+</sup>); HRMS calcd for C<sub>9</sub>H<sub>14</sub>O<sub>3</sub> 170.0943, found 170.0947.
- **1.3. 4-***tert***-Butyl-oxonane-2,7-dione** (**3c**): colorless oil; IR (film) 1738 and 1709 cm<sup>-1</sup>; <sup>1</sup>H NMR (500 MHz, CDCl<sub>3</sub>)  $\delta$  0.89 (s, 9H), 1.55-1.61 (m, 2H), 1.94-2.08 (m, 2H), 2.26-2.36 (m, 2H), 2.51-2.57 (m, 2H), 3.10 (ddd, J = 6.2, 10.3 and 13.2 Hz, 1H), 4.36 (dt, J = 5.1 and 10.5 Hz, 1H), 4.72 (ddd, J = 3.2, 6.3 and 10.5 Hz, 1H); <sup>13</sup>C NMR (75 MHz, CDCl<sub>3</sub>)  $\delta$  24.8, 27.2, 34.0, 37.4, 39.4, 46.5, 46.9, 61.9, 175.1, 211.4; MS m/z 212 (2.4, M<sup>+</sup>); HRMS calcd for C<sub>12</sub>H<sub>20</sub>O<sub>3</sub> 212.1412, found 212.1416.
- **1.4.** *trans*-**4**-*tert*-**Butyl**-**8**-methyl-oxonane-**2**,**7**-dione (**3d**): white solid; IR (KBr) 1726 and 1717 cm<sup>-1</sup>; <sup>1</sup>H NMR (300 MHz, CDCl<sub>3</sub>)  $\delta$  0.89 (s, 9H), 0.99 (d, J = 6.7 Hz, 3H), 1.54-1.64 (m, 2H), 1.91-2.08 (m, 2H), 2.20-2.30 (m, 1H), 2.51-2.59 (m, 2H), 3.27-3.39 (m, 1H), 3.86 (t, J = 10.2 Hz, 1H), 4.70 (dd, J = 6.0 and 10.2 Hz, 1H); <sup>13</sup>C NMR (75 MHz, CDCl<sub>3</sub>)  $\delta$  13.0, 24.6, 27.2, 33.9, 37.3, 41.5, 45.7, 46.4, 67.8, 174.9, 214.4; MS m/z 226 (1.3, M<sup>+</sup>); Anal. Calcd for C<sub>13</sub>H<sub>22</sub>O<sub>3</sub>: C, 68.99; H, 9.80. Found: C, 69.06; H, 9.72.
- **2. Reaction of Hexahydro-benzofuran-3-ol 4a with Ruthenium Tetraoxide.** To a solution of **4a** (0.227 g, 1.34 mmol) in 10,5 mL of a mixture of H<sub>2</sub>O:CCl<sub>4</sub>:CH<sub>3</sub>CN (3:2:2) was added NaIO<sub>4</sub> (1.17 g, 5.49 mmol) and RuCl<sub>3</sub>.*n*H<sub>2</sub>O (0.014 g, 5.0 mol%). The reactional mixture was magnetically stirred at room temperature for 30 min. Then, water was added and the aqueous phase was extracted with CH<sub>2</sub>Cl<sub>2</sub> (three times). The combined organic phases were washed with brine (twice) and dried over anhydrous MgSO<sub>4</sub>. The solvent was removed under reduced pressure and the crude product was purified by flash chromatography (gradient elution 0-20% AcOEt in hexanes) affording **5** (0.101 g, 0.656 mmol, 48%) as a colorless oil. **2-Acetyl-5-methyl-cyclohexanone 5**: IR (film) 1715 and

1611 cm<sup>-1</sup>; <sup>1</sup>H NMR (300 MHz, CDCl<sub>3</sub>)  $\delta$  1.00 (d, J = 6.5 Hz, 3H), 1.18-1.32 (m, 1H), 1.70-1.85 (m, 2H), 1.94-2.03 (m, 1H), 2.13 (s, 3H), 2.30-2.43 (m, 3H), 15.9 (s, 1H); <sup>13</sup>C NMR (125 MHz, CDCl<sub>3</sub>)  $\delta$  21.3, 23.8, 25.1, 28.0, 30.9, 39.2, 106.5, 181.6, 199.0; MS m/z 154 (59, M<sup>+</sup>). Dione **5** exists predominantly in the enol form.<sup>2</sup>

3. Reaction of Hexahydro-benzofuran-3-ol 4b with Ruthenium Tetraoxide. To a solution of 4b (1.03 g, 6.06 mmol) in 42 mL of a mixture of H<sub>2</sub>O:CCl<sub>4</sub>:CH<sub>3</sub>CN (3:2:2) was added NaIO<sub>4</sub> (5.17 g, 24.2 mmol) and RuCl<sub>3</sub>.nH<sub>2</sub>O (0.063 g, 5.0 mol%). The reactional mixture was magnetically stirred at room temperature for 4 hours. Then, water was added and the aqueous phase was extracted with CH<sub>2</sub>Cl<sub>2</sub> (three times). The combined organic phases were washed with brine (twice) and dried over anhydrous MgSO<sub>4</sub>. The solvent was removed under reduced pressure and the crude product was purified by flash chromatography (gradient elution 0-50% AcOEt in hexanes) affording the dione 5 (0.371 g, 2.41 mmol, 40%) as a colorless oil, the ceto-formate **6** (0.129 g, 0.701 mmol, 12%) as a colorless viscous oil, and the  $\alpha$ -hydroxy-lactone 7 (0.162 g, 0.880 mmol, 15%), as a white solid. Formic acid 2-acetyl-5-methyl-cyclohexyl ester 6: IR (film) 1722 cm<sup>-1</sup>; <sup>1</sup>H NMR (500 MHz, CDCl<sub>3</sub>)  $\delta$  0.95 (d , J = 6.6 Hz, 3H), 0.93-1.07 (m, 2H), 1.37 (dq, J = 3.6 and 13.2 Hz, 1H), 1.55-1.61 (m, 1H), 1,73-1.78 (m, 1H), 1.97 (qd, J = 3.6 and 13.2 Hz, 1H), 2.11-2.16 (m, 1H), 2.18 (s, 3H), 2.63 (ddd, J = 3.8, 10.6 and 12.7 Hz, 1H), 5.10 (dt, J = 4.5and 10.9 Hz, 1H); <sup>13</sup>C NMR (125 MHz, CDCl<sub>3</sub>) δ 21.8, 27.8, 29.3, 30.8, 33.3, 39.3, 55.1, 73.1, 160.3, 209,5; MS m/z 185 (11, M<sup>+</sup>+1); Anal. Calcd for  $C_{10}H_{16}O_3$ : C, 65.19; H, 8.75. Found: C, 65.20; H, 8.70. 3-Hydroxy-3,6-dimethyl-hexahydro-benzofuran-2-one 7: IR (KBr) 3471, 1764 cm<sup>-1</sup>; <sup>1</sup>H NMR(300 MHz, CDCl<sub>3</sub>)  $\delta$  0.99-1.13 (m, 1H), 1.03 (d, J = 6.6Hz, 3H), 1.20-1.37 (m, 2H), 1.31 (s, 3H), 1.55-1.65 (m, 1H), 1.81-2.01 (m, 3H), 2.22-2.29 (m, 1H), 2.97 (br s, H-OH), 3.81 (dt, J = 3.9 and 11.0 Hz, 1H); <sup>13</sup>C NMR(125 MHz, CDCl<sub>3</sub>)  $\delta$  18.1, 22.0, 22.5, 31.3, 33.8, 38.7, 53.6, 74.8, 79.9, 180.5; MS m/z 140 (8.7, M<sup>+</sup>); Anal. Calcd for C<sub>10</sub>H<sub>16</sub>O<sub>3</sub>: C, 65.19; H, 8.75. Found: C, 64.95; H, 8.35.

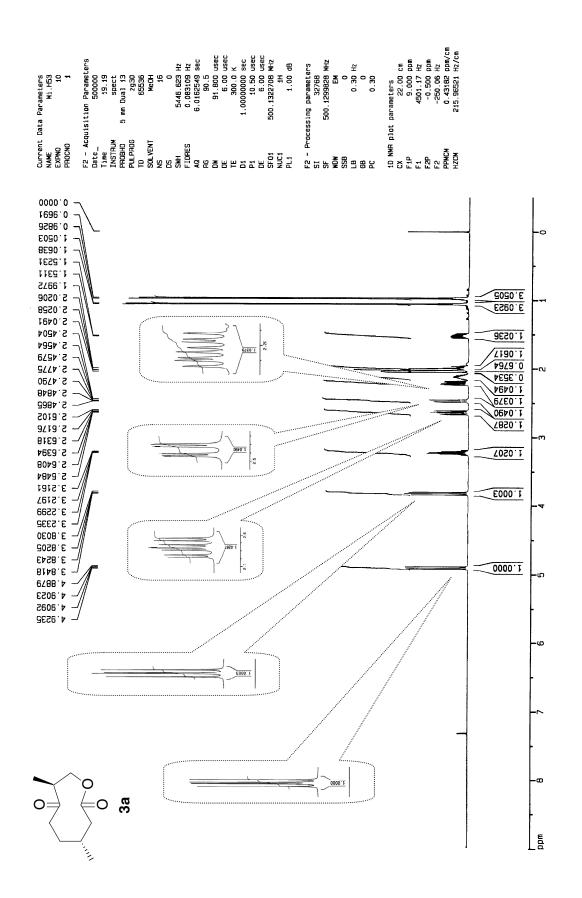


Figure SI. <sup>1</sup>H NMR spectrum of 3a (CDCl<sub>3</sub>, 500 MHz, TMS,  $\delta$ )

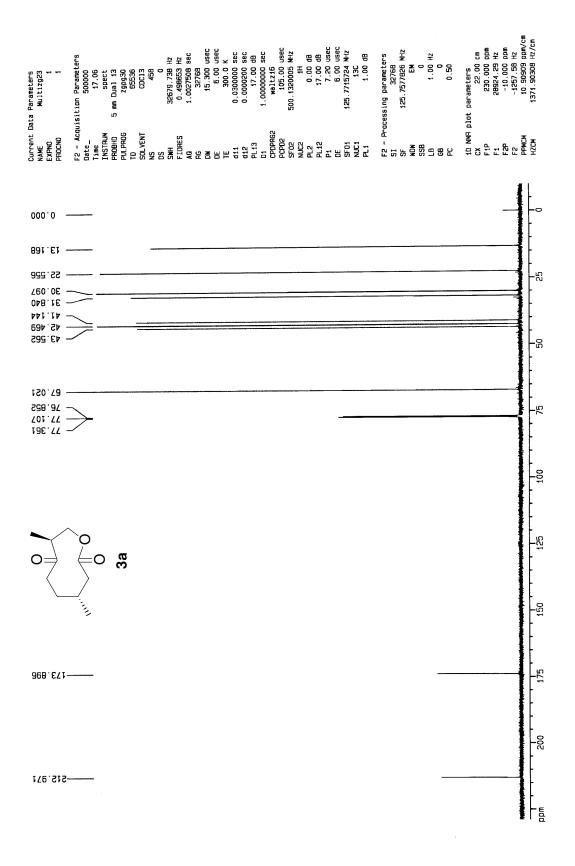


Figure S2. <sup>13</sup>C NMR spectrum of **3a** (CDCl<sub>3</sub>, 125 MHz, TMS,  $\delta$ )

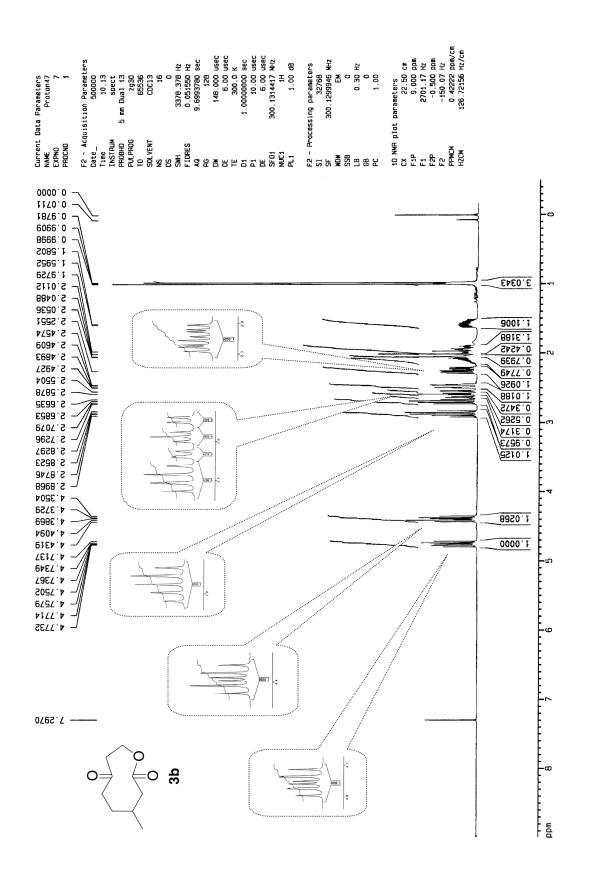


Figure S3. <sup>1</sup>H NMR spectrum of **3b** (CDCl<sub>3</sub>, 300 MHz, TMS,  $\delta$ )

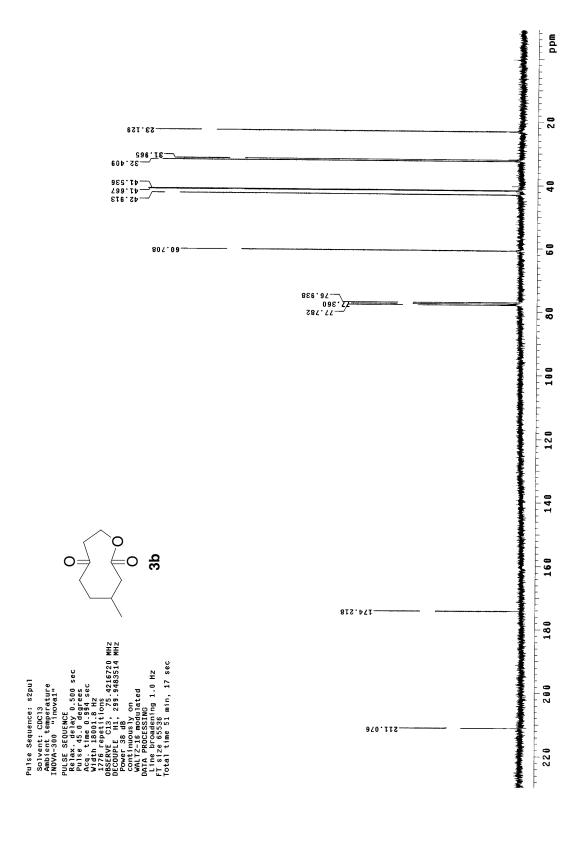


Figure S4. <sup>13</sup>C NMR spectrum of **3b** (CDCl<sub>3</sub>, 75 MHz, TMS,  $\delta$ )

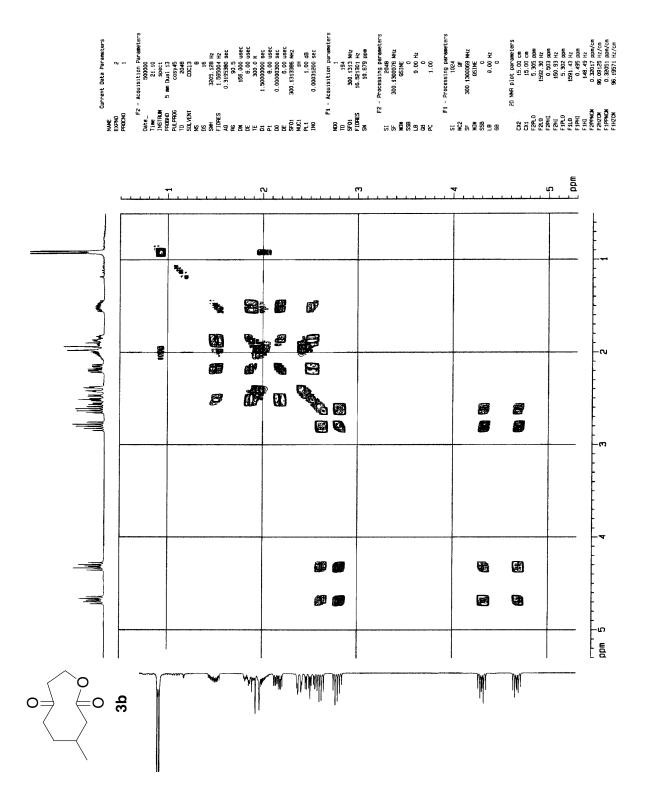


Figure S5. COSY spectrum of 3b (CDCl<sub>3</sub>, 300 MHz, TMS, 8)

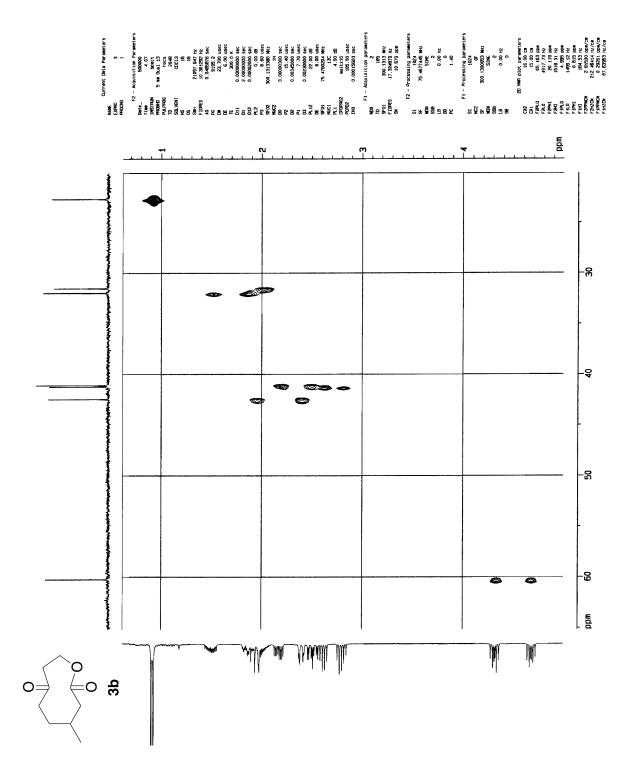


Figure S7. <sup>1</sup>H NMR spectrum of **3c** (CDCl<sub>3</sub>, 500 MHz, TMS,  $\delta$ )

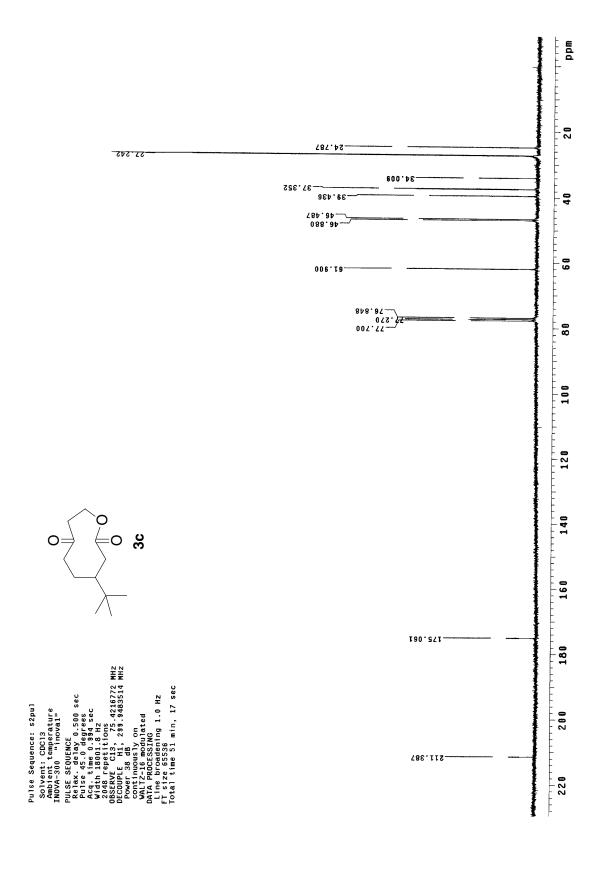


Figure S8. <sup>13</sup>C NMR spectrum of **3c** (CDCl<sub>3</sub>, 75 MHz, TMS, δ)

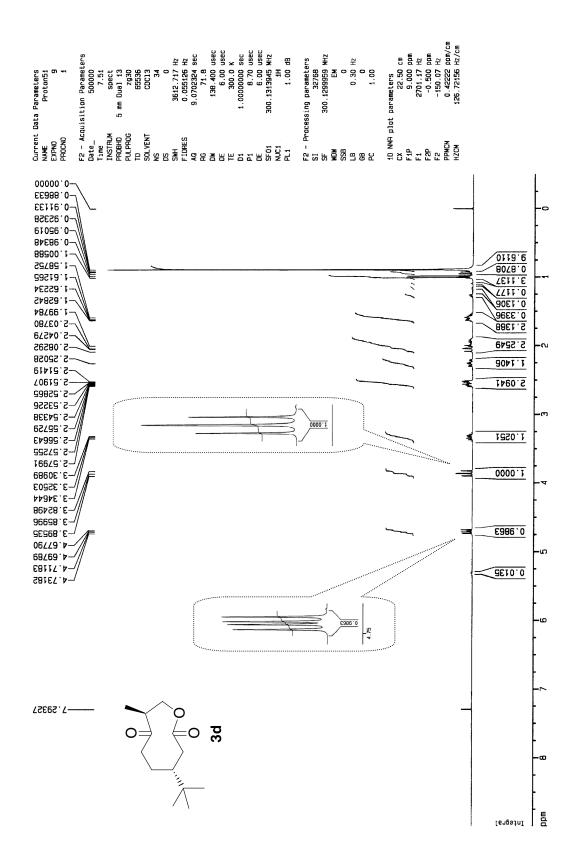


Figure S9. <sup>1</sup>H NMR spectrum of **3d** (CDCl<sub>3</sub>, 300 MHz, TMS,  $\delta$ )

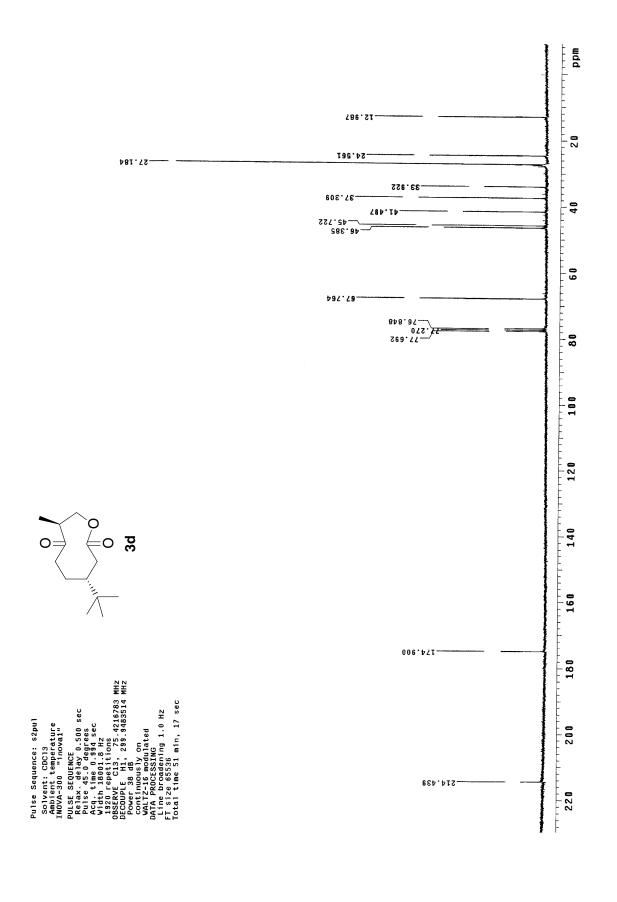


Figure S10. <sup>13</sup>C NMR spectrum of **3d** (CDCl<sub>3</sub>, 75 MHz, TMS,  $\delta$ )

## References

- 1. Descotes, G.; Yvon, Q. Bull. Soc. Chim. Fr. 1968, 8, 3395.
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