

## Supporting Information

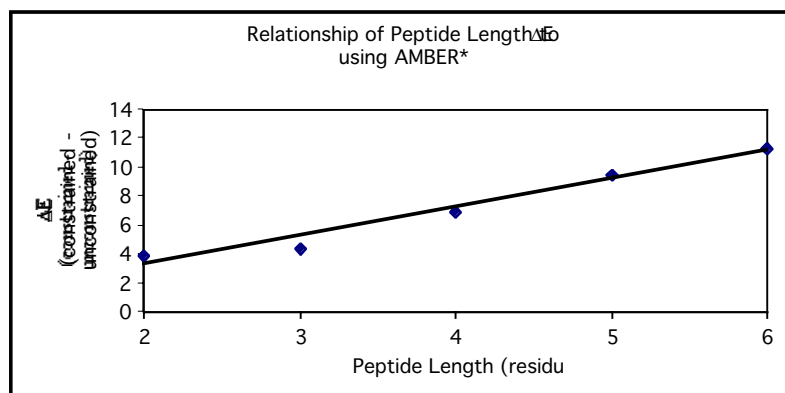
### Dynamics and Fluidity of Amyloid Fibrils: A Model of Fibrous Protein Aggregates

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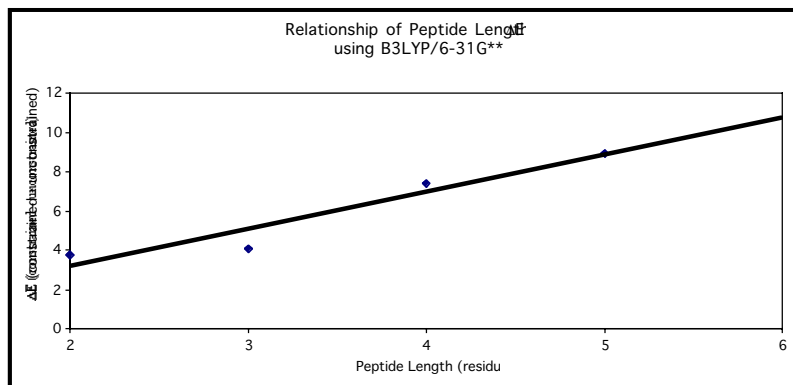
#### Relationship of Peptide Length to Ideal $\beta$ -sheet Geometry

Residues	AMBER* $\Delta E^a$ (kcal/mol)	B3LYP/6-31G** $\Delta E^a$ (kcal/mol)
<sup>16</sup> KL	3.95	3.75
<sup>16</sup> KLV	4.43	4.09
<sup>16</sup> KLVF	6.96	7.41
<sup>16</sup> KLVFF	9.48	8.94
<sup>16</sup> KLVFFA	11.29	-

<sup>a</sup>  $\Delta E$  = (constrained geometry) – (unconstrained geometry)



**Figure S1.** Plot of the energy differences between fully optimized peptides and their idealized  $\beta$ -strand geometries ( $\Delta E(\text{constrained-unconstrained})$ ) for the di-, tri-, tetra-, penta- and hexapeptides from KLVFFA; AMBER\*/GBSA/H<sub>2</sub>O force field; Slope = 2.0 kcal/mol.



**Figure S2.** Plot of the energy differences between fully optimized peptides and their idealized  $\beta$ -strand geometries ( $\Delta E(\text{constrained-unconstrained})$ ) for the di-, tri-, tetra-, pentapeptides from KLVFFA; B3LYP/6-31G\*\* single point; Slope = 1.9 kcal/mol.