## Supporting Information

## Calculation of the complex permittivity for concentrated suspensions of ellipsoidal particles

The effective complex permittivity for a dilute suspension of randomly oriented ellipsoids (of complex permittivity $\varepsilon_{p}{ }^{*}$, and semiaxes $R_{x}, R_{y}$ and $R_{z}$ ) in a continuous medium (of $\varepsilon_{a}{ }^{*}$ ) at volume fraction $P$ is given by ${ }^{27}$

$$
\begin{equation*}
\varepsilon^{*}=\varepsilon_{a}^{*}\left[1+\frac{1}{3} P \sum_{k=x, y, z} \frac{\left(\varepsilon_{p}^{*}-\varepsilon_{a}^{*}\right)}{\varepsilon_{a}^{*}+\left(\varepsilon_{p}^{*}-\varepsilon_{a}^{*}\right) L_{k}}\right], \tag{S1}
\end{equation*}
$$

where the depolarization factor $L_{k}$ is given by

$$
\begin{equation*}
L_{k}=\frac{R_{x} R_{y} R_{z}}{2} \int_{0}^{\infty} \frac{d s}{\left(R_{k}^{2}+s\right) R_{s}} \tag{S2}
\end{equation*}
$$

with

$$
\begin{gather*}
R_{s}=\sqrt{\left(R_{x}^{2}+s\right)\left(R_{y}^{2}+s\right)\left(R_{z}^{2}+s\right)},  \tag{S3}\\
\sum_{k=x, y, z} L_{k}=1 . \tag{S4}
\end{gather*}
$$

For extending the mixture equation to high volume fractions, the effective medium theory proposed by Bruggeman provides a reasonable approximation. In the theory, each particle is supposed to be dispersed in an effective medium, though it includes particles, and the initially low volume fraction is gradually increased by infinitesimal additions of particles. When a small amount of particles of $\varepsilon_{p}{ }^{*}$ are added to an effective medium of $\varepsilon^{*}$, eq S1 may be applicable to every addition process. Hence, the increment in complex permittivity $\Delta \varepsilon^{*}$ due to an infinitesimal addition of particles is related to the increment in volume fraction $\Delta P^{\prime}$ by substituting $\varepsilon^{*}+\Delta \varepsilon^{*}, \varepsilon^{*}$ and $\Delta P^{\prime} /\left(1-P^{\prime}\right)$ for $\varepsilon^{*}, \varepsilon_{a}^{*}$, and $P$ in eq S 1 , respectively.

$$
\begin{equation*}
-\frac{\Delta P^{\prime}}{1-P^{\prime}}=\frac{3}{\varepsilon^{*}\left(\varepsilon^{*}-\varepsilon_{i}^{*}\right)}\left[\sum_{k=x, y, z} \frac{1}{\varepsilon^{*}+\left(\varepsilon_{i}^{*}-\varepsilon^{*}\right) L_{k}}\right]^{-1} \Delta \varepsilon^{*} \tag{S5}
\end{equation*}
$$

By successive infinitesimal additions of particles, the system reaches the final volume fraction $P$ and complex permittivity $\varepsilon^{*}$, and thus we obtain an integral equation as:

$$
\begin{equation*}
\int_{0}^{\Phi}-\frac{d \Phi^{\prime}}{1-\Phi^{\prime}}=\int_{\varepsilon_{a}^{*}}^{\varepsilon^{*}} \frac{3}{\varepsilon^{*}}\left(\varepsilon^{*}-\varepsilon_{p}^{*}\right)\left[\sum_{k=x, y, z} \frac{1}{\varepsilon^{*}+\left(\varepsilon_{p}^{*}-\varepsilon^{*}\right) L_{k}}\right]^{-1} d \varepsilon^{*} . \tag{S6}
\end{equation*}
$$

Although eq S6 can be solved analytically, the obtained equation is complicated and its numerical solution requires iterative searching that often does not converge. Thus, an alternative algorithm has been developed, in which numerical integration is made with eq S7 derived from eq S5.

$$
\begin{equation*}
\Delta \varepsilon^{*}=\frac{\Delta P^{\prime}}{3\left(1-P^{\prime}\right)} \sum_{k=x, y, z} \frac{\varepsilon^{*}\left(\varepsilon_{i}^{*}-\varepsilon^{*}\right)}{\varepsilon^{*}+\left(\varepsilon_{i}^{*}-\varepsilon^{*}\right) L_{k}} . \tag{S7}
\end{equation*}
$$

The volume fraction $P^{\prime}$ was successively increased by adding $\Delta P^{\prime}$ until the final volume fraction $P$ was attained after $n$ addition steps, i.e., $P=n \Delta P^{\prime}$. The increment of complex permittivity $\Delta \varepsilon^{*}$ is calculated for every addition steps and then the final complex permittivity $\varepsilon_{\text {final }}{ }^{*}$ is obtained after $n^{\text {th }}$ step as follows: $1^{\text {st }}$ step: to put $\mathcal{\varepsilon}^{*}\left(\equiv \varepsilon_{1}^{*}\right)=\varepsilon_{a}^{*}$ and $P^{\prime}\left(\equiv P_{1}^{\prime}\right)=0$ in eq S 7 , and then to calculate $\Delta \varepsilon^{*}\left(\equiv \Delta \varepsilon_{1}^{*}\right)$. $2^{\text {nd }}$ step: to put $\varepsilon^{*}\left(\equiv \varepsilon_{2}^{*}\right)=\varepsilon_{1}^{*}+\Delta \varepsilon_{1}^{*}$ and $P^{\prime}\left(\equiv P_{2}^{\prime}\right)=P_{1}^{\prime}+\Delta P^{\prime}$, and then to calculate $\Delta \mathcal{E}^{*}\left(\equiv \Delta \varepsilon_{2}^{*}\right)$.
$j^{\text {th }}$ step: to put $\varepsilon^{*}\left(\equiv \mathcal{\varepsilon}_{j}^{*}\right)=\varepsilon_{j-1}^{*}+\Delta \varepsilon_{j-1}^{*}$ and $P^{\prime}\left(\equiv P_{j}^{\prime}\right)=P_{j-1}^{\prime}+\Delta P^{\prime}$, and then to calculate $\Delta \mathcal{E}^{*}\left(\equiv \Delta \mathcal{\varepsilon}_{j}^{*}\right)$.
$n^{\text {th }}$ step: to put $\mathcal{E}^{*}\left(\equiv \varepsilon_{n}^{*}\right)=\mathcal{\varepsilon}_{n-1}^{*}+\Delta \varepsilon_{n-1}^{*}$ and $P^{\prime}\left(\equiv P_{n}^{\prime}\right)=P_{n-1}^{\prime}+\Delta P^{\prime}$, and then to calculate $\Delta \varepsilon^{*}\left(\equiv \Delta \varepsilon_{n}^{*}\right)$ and $\varepsilon_{\text {final }}^{*}=\varepsilon_{n}^{*}+\Delta \varepsilon_{n}^{*}$.

