

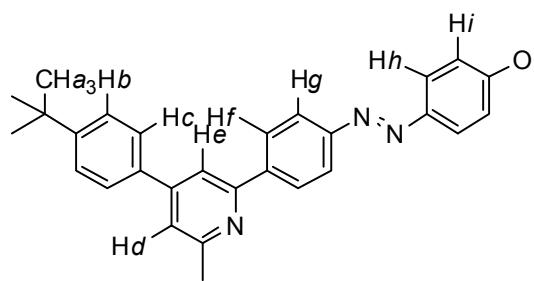
## Supporting Information

# Switching of Molecular Insertion in a Cyclic Molecule via Photo- and Thermal Isomerization

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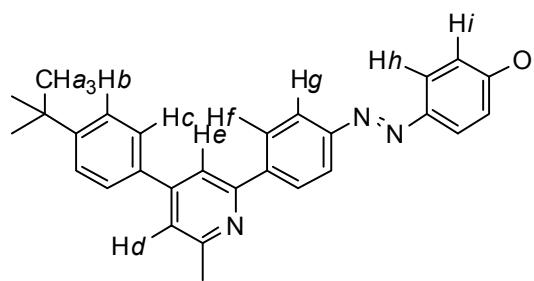
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**Table S1.**  $^1\text{H}$  NMR Data for *o*AB-2OH and *o*AB-O13 in  $\text{CDCl}_3$



	$\delta(\text{oAB-2OH}) / \text{ppm}$	$\delta(\text{oAB-O13}) / \text{ppm}$	$\Delta\delta / \text{ppm}$
H <sub>a</sub>	1.42	1.42	0.00
H <sub>b</sub>	7.60	7.60	0.00
H <sub>c</sub>	7.82	7.78	0.04
H <sub>d</sub>	8.90	8.21	<b>0.69</b>
H <sub>e</sub>	8.06	8.12	-0.06
H <sub>f</sub>	8.37	8.47	-0.10
H <sub>g</sub>	8.04	8.07	-0.03
H <sub>h</sub>	7.92	7.96	-0.04
H <sub>i</sub>	6.97	7.09	<b>-0.12</b>

**Table S2.**  $^1\text{H}$  NMR Data for *o*AB-2OH and *o*AB-bpy in  $\text{CD}_2\text{Cl}_2$

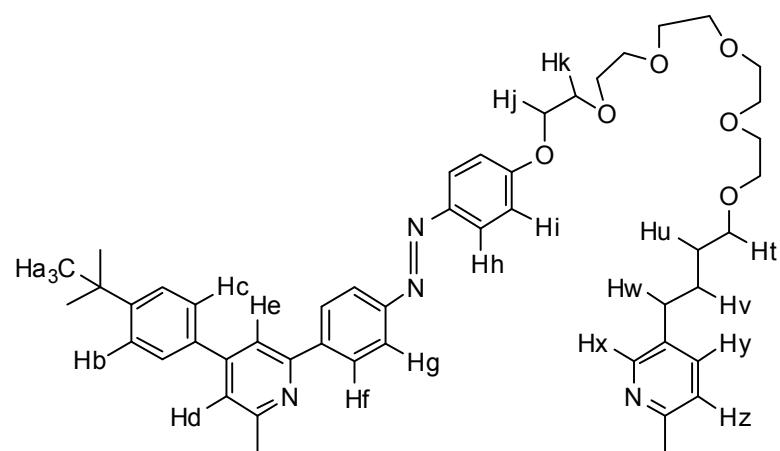


	$\delta(\text{oAB-2OH}) / \text{ppm}$	$\delta(\text{oAB-bpy}) / \text{ppm}$	$\Delta\delta / \text{ppm}$
H <i>a</i>	1.42	1.42	0.00
H <i>b</i>	7.63	7.61	0.02
H <i>c</i>	7.88	7.82	0.06
H <i>d</i>	8.95	8.76	<b>0.19</b>
H <i>e</i>	8.16	8.10	0.06
H <i>f</i>	8.45	8.41	0.04
H <i>g</i>	8.06	8.04	0.02
H <i>h</i>	7.94	7.99	-0.05
H <i>i</i>	7.00	7.13	<b>-0.13</b>

**Table S3.**  $^1\text{H}$  NMR Data for *o*AB-O13 in  $\text{CD}_2\text{Cl}_2$

The chemical structure of *o*AB-O13 is shown with proton assignments: *H<sub>a</sub>* (CH<sub>3</sub>), *H<sub>b</sub>* (aromatic), *H<sub>c</sub>* (aromatic), *H<sub>d</sub>* (aromatic), *H<sub>e</sub>* (aromatic), *H<sub>f</sub>* (aromatic), *H<sub>g</sub>* (aromatic), *H<sub>h</sub>* (aromatic), *H<sub>i</sub>* (aliphatic), *H<sub>j</sub>* (aliphatic), and *H<sub>k</sub>* (aliphatic).

	$\delta(\text{trans}_2\text{-}o\text{AB-O13}) / \text{ppm}$	$\delta(\text{cis}_2\text{-}o\text{AB-O13}) / \text{ppm}$	$\Delta\delta / \text{ppm}$
<i>H<sub>a</sub></i>	1.41	1.40	0.01
<i>H<sub>b</sub></i>	7.65	7.60	0.05
<i>H<sub>c</sub></i>	7.95	7.84	0.11
<i>H<sub>d</sub></i>	8.54	8.87	<b>-0.33</b>
<i>H<sub>e</sub></i>	8.25	8.06	0.19
<i>H<sub>f</sub></i>	8.42	8.23	0.19
<i>H<sub>g</sub></i>	8.11	7.04	<b>1.07</b>
<i>H<sub>h</sub></i>	7.99	6.99	<b>1.00</b>
<i>H<sub>i</sub></i>	7.10	6.82	0.28
<i>H<sub>j</sub></i>	4.29	4.07	0.22
<i>H<sub>k</sub></i>	3.90	3.77	0.13

**Table S4.**  $^1\text{H}$  NMR Data for *o*AB-bpy in  $\text{CD}_2\text{Cl}_2$ 

	$\delta(\text{trans}_2\text{-oAB-bpy}) / \text{ppm}$	$\delta(\text{cis}_2\text{-oAB-bpy}) / \text{ppm}$	$\Delta\delta / \text{ppm}$
$\text{Ha}$	1.42	1.39	0.03
$\text{Hb}$	7.61	7.57	0.04
$\text{Hc}$	7.82	7.79	0.03
$\text{Hd}$	8.76	8.82	<b>-0.06</b>
$\text{He}$	8.10	8.01	0.09
$\text{Hf}$	8.41	8.22	0.19
$\text{Hg}$	8.04	7.01	<b>1.03</b>
$\text{Hh}$	7.99	6.97	<b>1.02</b>
$\text{Hi}$	7.13	6.80	0.33
$\text{Hj}$	4.30	4.04	0.26
$\text{Hk}$	3.97	3.74	0.23
$\text{Ht}$	3.26	3.39	-0.13
$\text{Hu}$	2.39	2.60	-0.21
$\text{Hv}$	1.46	1.65	-0.19
$\text{Hw}$	1.46	1.65	-0.19
$\text{Hx}$	8.15	8.41	-0.26
$\text{Hy}$	7.26	7.53	-0.27
$\text{Hz}$	7.94	8.25	-0.31

## Kinetic analysis of the two-step thermal isomerization behavior of cis<sub>2</sub>-oAB-O13



The ratio of each isomer is defined as follows;

$$\begin{cases} [A] = [cis_2\text{-oAB-O13}] \\ [B] = [cis\text{-trans}\text{-oAB-O13}] \\ [C] = [trans_2\text{-oAB-O13}] \end{cases}$$

$$t = 0; [A] = [A]_0, [B] = [B]_0, [C] = [C]_0$$

The changes of the ratio are described as follows;

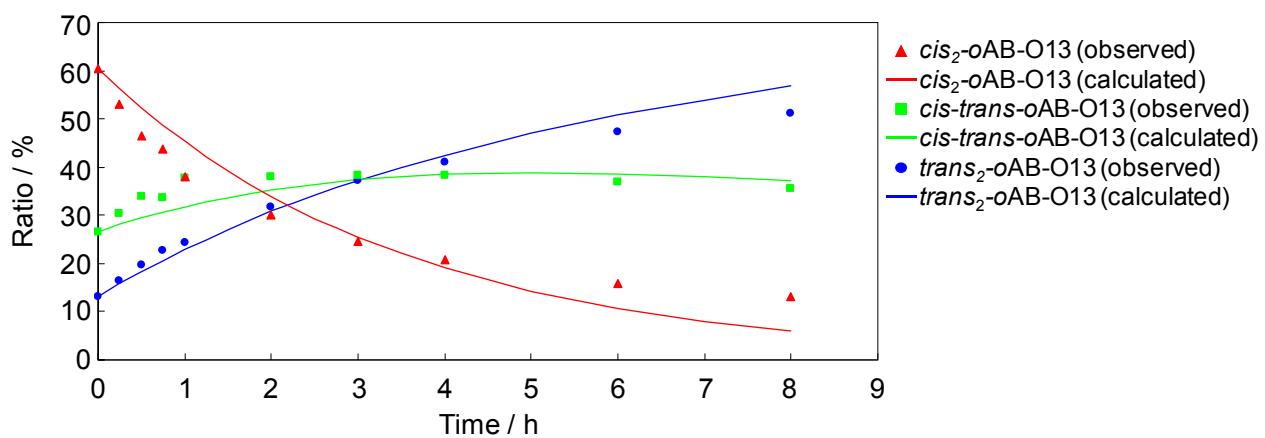
$$\frac{d[A]}{dt} = -k_1[A], \quad \frac{d[B]}{dt} = k_1[A] - k_2[B], \quad \frac{d[C]}{dt} = k_2[B]$$

The ratio of each isomer is determined as follows;

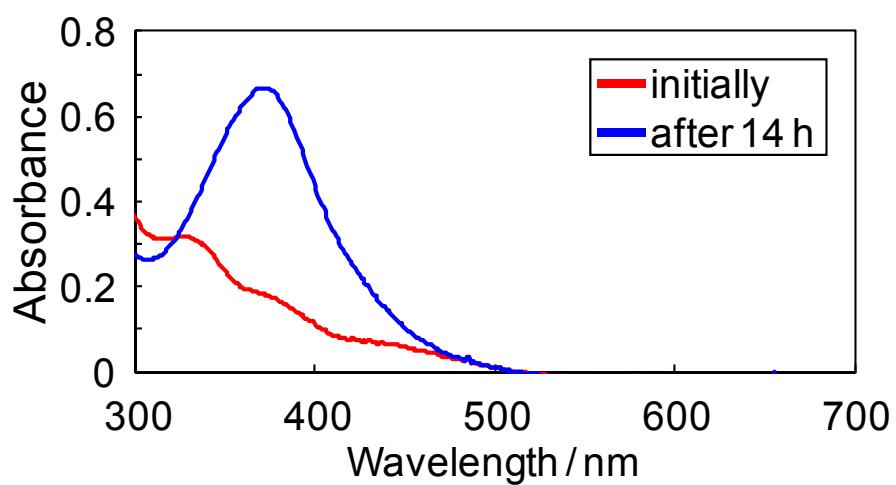
$$\begin{cases} [A] = e^{-k_1 t} \\ [B] = k_1[A]_0(e^{-k_1 t} - e^{-k_2 t}) / (k_2 - k_1) + [B]_0 e^{-k_2 t} \\ [C] = [A]_0 + [B]_0 + [C]_0 - [A] - [B] \end{cases}$$

$k_1$  and  $k_2$  were calculated by the method of least squares (see Figure S1). The result is as follows;

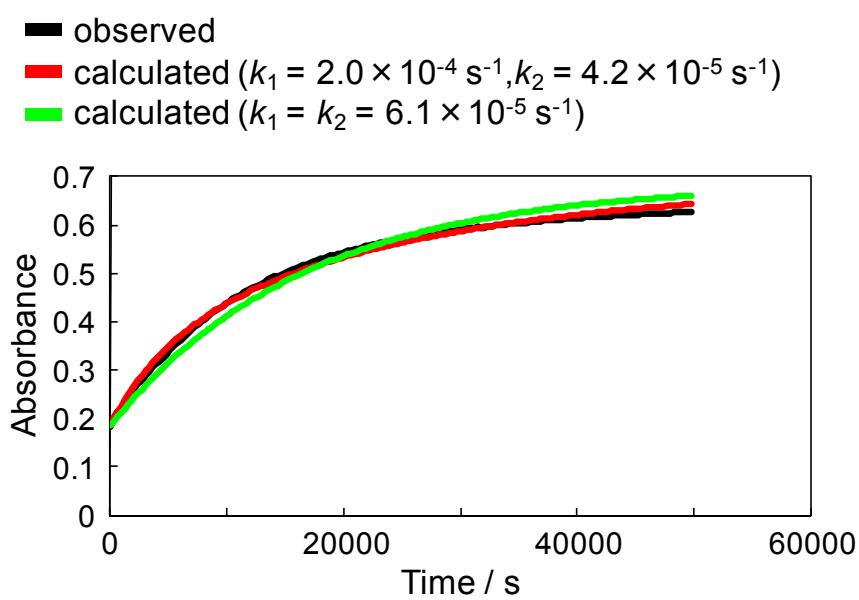
$$\begin{aligned} k_1 &= 8.0 \times 10^{-5} \text{ s}^{-1} \\ k_2 &= 1.3 \times 10^{-5} \text{ s}^{-1} \end{aligned}$$



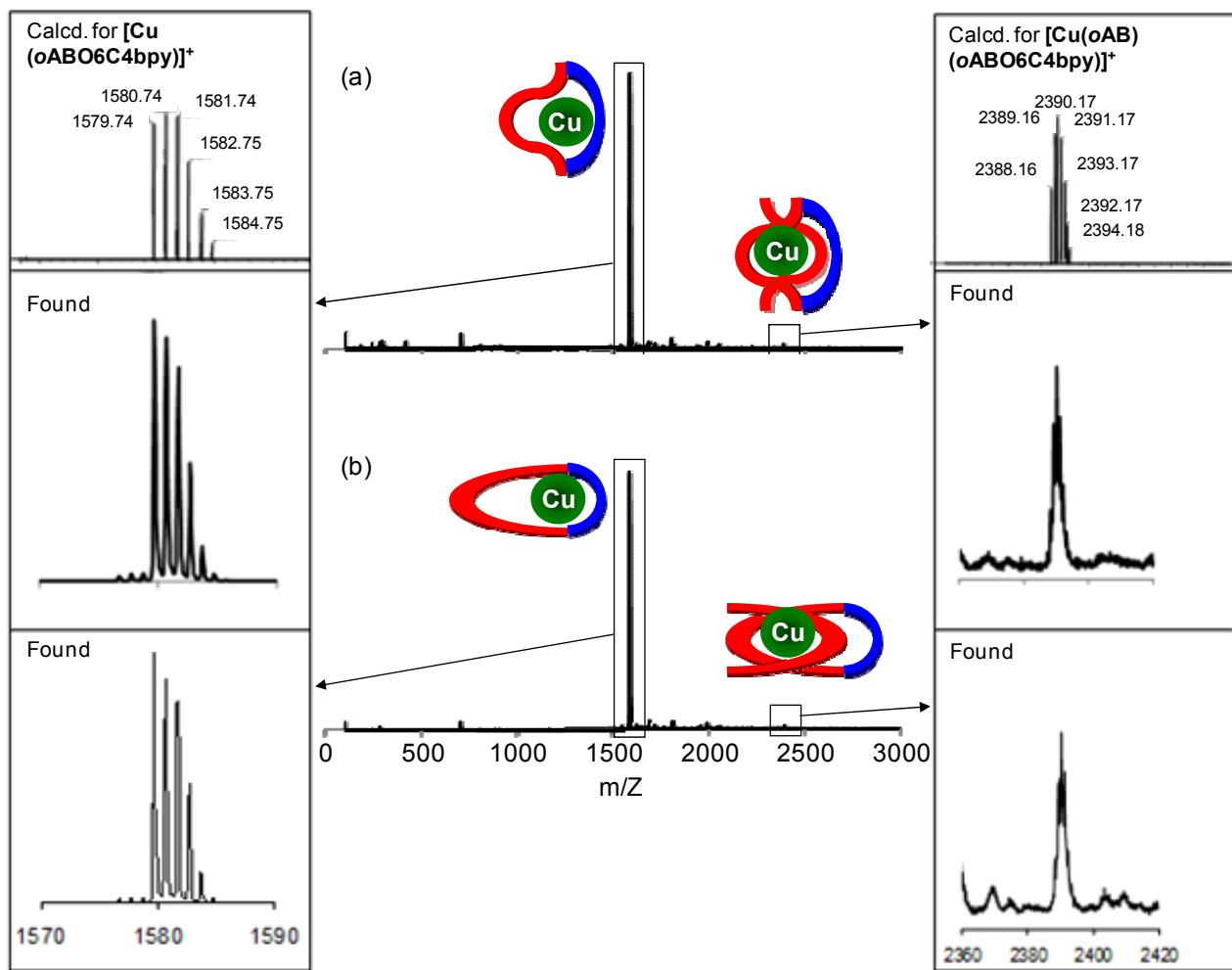
**Figure S1.** Ratios of *o*AB-O13 isomers obtained by the <sup>1</sup>H NMR spectral analysis (CD<sub>2</sub>Cl<sub>2</sub>, 1.5× 10<sup>-3</sup> M, 298 K in the dark).



**Figure S2.** Absorption spectral changes of *o*AB-O13 ( $1.0 \times 10^{-5}$  M) in  $\text{CH}_2\text{Cl}_2$  upon the thermal *cis*-to-*trans* isomerization (298 K in the dark).



**Figure S3.** Plots of the absorbance at 370 nm against the time passage for *o*AB-O13 ( $1.0 \times 10^{-5} \text{ M}$ ) in  $\text{CH}_2\text{Cl}_2$  upon the thermal *cis*-to-*trans* isomerization (298 K in the dark).



**Figure S4.** ESI-MS spectrum of a solution containing *o*AB-bpy, *o*AB, and  $[\text{Cu}(\text{CH}_3\text{CN})_4]\text{BF}_4$  (a) in the *cis* form and (b) in the *trans* form.