## **Supporting Information**

# Graphene Quantum Dots as Universal Fluorophores and Their Use in Revealing Regulated Trafficking of Insulin Receptors in Adipocytes

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#### Quantum yield (QY) measurement

Fluorescein in water (QY = 0.79) was chosen as the standard. The quantum yield of GQDs (in water) was calculated according to:  $\phi_x = \phi_{st}(I_x/I_{st})(\eta_x^2/\eta_{st}^2)(A_{st}/A_x)$ , where  $\phi$  is the quantum yield, *I* is the measured integrated emission intensity,  $\eta$  is the refractive index of the solvent, and *A* is the optical density. The subscript "*st*" refers to the standard and "*x*" for the sample.

#### Cytotoxicity test

The viability of cells were evaluated using 3-[4,5-dimethylthialzol-2-yl]-2,5diphenyltetrazolium bromide (MTT) assay (Figure S1). Briefly, PC12 cells were seeded into 96-well plates at a density of  $1 \times 10^4$  per well in 200 µL of media for 24 h. The cells were then incubated with various concentrations of GQDs (0, 10, 20, 40, 60, 80, 100, 200, 400 µg/mL) for 24 h. Then, MTT solution (20 µL, 5 mg/mL) was added to each well for 4 h. Thereafter, the MTT solution was removed and the precipitated violet crystals were dissolved in 200  $\mu$ L of DMSO. The absorbance at 570 nm was measured using a BioTek microplate reader.



**Figure S1.** Cell viability measurements of PC12 cells (absorbance ratio normalized to that from control cells), without (control) or with treatment of GQDs at various concentrations (n = 4). The error bars indicate the standard deviations. Student's *t*-test: \*p<0.05 *vs*. control.

#### **Cell culture**

PC 12 cells were incubated in RPMI 1640 medium (Invitrogen) with 10% fetal bovine serum, 5% horse serum, and 1% penicillin-streptomycin (37 °C, 5% CO<sub>2</sub>). Mouse 3T3-L1 pre-adipocytes purchased from American Type Culture Collection (Rockville, MD, USA) were cultured in Dulbecco's modified Eagle's medium (DMEM, Gibco) containing 10% (v/v) heat-inactivated fetal bovine serum (FBS; Gibco) and 1% penicillin-streptomycin (37 °C, 5% CO<sub>2</sub>).

#### Adipocyte differentiation

3T3-L1 pre-adipocytes were differentiated into adipocytes as described previously.<sup>1</sup> After 3T3-L1 pre-adipocytes reaching confluence (defined as day 0), the cells were cultured in DMEM containing 10% FBS, 10  $\mu$ g/mL insulin, 0.5 mM isobutyl-1-methyl xanthine and 1  $\mu$ M dexamethasone for the first 2 days, and changed to DMEM with 10% FBS and 10  $\mu$ g/mL insulin for another 2 days. Cells were then maintained in DMEM with 10% FBS for 4-5 days. Most of the cells were differentiated on day 8 as confirmed by appearance of intracellular lipid droplets.



#### Gel electrophoresis of GQD-protein conjugates

**Figure S2.** Full gel images of (a) insulin-GQD, insulin-FITC and insulin; (b) concanavalin A (conA) and conA-GQD; (c) bovine serum albumin (BSA)-GQD and BSA; (d) nerve growth factor (NGF)-GQD, NGF-FITC and NGF; (e) neuropeptide Y (NPY)-GQD, NPY, insulin-GQD, insulin, immunoglobulin G (IgG)-GQD and IgG.



**Figure S3.** Gel electrophoresis of insulin and insulin-GQD conjugates purified by gel filtration.

### Insulin-GQD complexes cannot form without the linker



**Figure S4.** Gel electrophoresis of insulin and GQD mixture in the absence or presence of EDC/NHS linkers. Fluorescent insulin-GQD conjugates are not formed by simple mixing of insulin and GQD for 4h without linkers.

#### Diffusion of GQD labeled insulin receptor clusters

Mean square displacement (MSD) is a common measure of particle random motion and is calculated as described previously.<sup>2</sup> A Brownian random walk gives a linear MSD over time (Figure S5, dashed line) whereas a directional movement produces an upward-bent MSD (Figure S5, red line) and the MSD of a confined random movement quickly approaches a plateau (Figure S5, blue line).



**Figure S5.** Time-evolved mean-square-displacement (MSD) of a GQD-labeled type-I cluster (blue) and a GQD-labeled type-II cluster (red).

#### **TIRFM video**

A TIRFM video (video S1) obtained from a control adipocyte pre-incubated with insulin-GQDs for 1 h is provided as supplementary data. It is noted, however, that the video is largely compressed from the original version and the 2-min recording is displayed in an accelerated speed (7 s).

#### Reference

1. Than, A.; Cheng, Y. Q.; Foh, L. C.; Leow, M. K. S.; Lim, S. C.; Chuah, Y. L.; Kang, Y. J.; Chen, P., Apelin Inhibits Adipogenesis and Lipolysis through Distinct Molecular Pathways. *Mol. Cell. Endocrinol.* **2012**, 362, 227-241.

 Levi, S.; Schweizer, C.; Bannai, H.; Pascual, O.; Charrier, C.; Triller, A., Homeostatic Regulation of Synaptic GlyR Numbers Driven by Lateral Diffusion. *Neuron* 2008, 59, 261-273.