

Table S1. Composition of freeze-dried partially purified FOPS and digested FOPS from corn bran and wheat bran.<sup>a</sup>

| Component                | Corn bran               |               | Wheat bran              |                |
|--------------------------|-------------------------|---------------|-------------------------|----------------|
|                          | Partially purified FOPS | Digested FOPS | Partially purified FOPS | Digested FOPS  |
| Total carbohydrate (%)   | 63.2±0.5                | 66.1±0.9*     | 57.0±1.1†               | 61.0±1.1*†     |
| FOPS (%)                 | 48.6±0.5                | 68.0±0.9*     | 29.7±1.1†               | 57.1±0.8*†     |
| Arabinan (%)             | 7.38±0.20               | 10.7±0.2*     | 6.40±0.20†              | 10.3±0.8*      |
| Xylan (%)                | 31.8±0.5                | 44.4±0.8*     | 16.1±0.5†               | 36.4±2.0*†     |
| Mannan (%)               | 0.16±0.18               | 0.34±0.03     | 0.13±0.08               | 0.41±0.03*     |
| Galactan (%)             | 3.12±0.9                | 5.50±0.31*    | 1.03±0.11†              | 1.49±0.49†     |
| Glucan (%)               | 4.40±0.56               | 4.29±0.24     | 5.88±0.73               | 8.22±1.85†     |
| Esterified ferulate (%)  | 1.76±0.06               | 2.68±0.24*    | 0.16±0.03†              | 0.221±0.003**† |
| Free monosaccharides (%) | 0.83±0.15               | 0.84±0.09     | 0.34±0.11               | 3.28±0.77*†    |
| Arabinose (%)            | 0.33±0.07               | 0.54±0.03*    | 0.11±0.10               | 1.70±0.18*†    |
| Xylose (%)               | 0.19±0.03               | trace*        | 0.08±0.06†              | trace*         |
| Mannose (%)              | 0.13±0.03               | trace*        | 0.13±0.04               | trace*         |
| Galactose (%)            | 0.17±0.09               | 0.02±0.01*    | 0.015±0.01†             | trace          |
| Glucose (%)              | 0.02±0.00               | 0.29±0.03     | trace                   | 1.57±1.02*†    |
| Starch (%)               | 15.5±0.4                | ND*           | 27.1±5.8†               | 0.64±0.04*†    |
| Free ferulic acid (%)    | ND                      | ND            | ND                      | ND             |
| Protein (%)              | 4.21±0.18               | 2.37±0.31*    | 4.87±0.27               | 3.27±0.62*†    |
| Furfural (%)             | ND                      | ND            | ND                      | ND             |
| HMF (%)                  | ND                      | ND            | ND                      | ND             |
| Antioxidant activity     |                         |               |                         |                |
| ATBS (µmol Trolox/g)     | 27.9±2.1                | 36.6±2.6*     | 7.17±0.30†              | 14.1±2.1*†     |
| DPPH (µmol Trolox/g)     | 70.7±5.3                | 83.3±0.9*     | 31.6±1.8†               | 27.1±5.1†      |

<sup>a</sup>Values are reported as mean (dry basis) ± SD (n=2); feruloylated oligo- and polysaccharides (FOPS) is the sum of arabinan, xylan, mannan, galactan, glucan, and esterified ferulate; hydroxymethylfurfural (HMF) ; ND = not detected.;\*significantly different from partially purified FOPS of the same bran type; †significantly different from the corresponding FOPS sample made from corn bran (p<0.05).