#### **Supporting Information**

### Conformational Selection and Functional Dynamics of Calmodulin: A <sup>19</sup>F Nuclear Magnetic Resonance Study

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#### **Supporting Figures**



**Figure S1.** (A) <sup>19</sup>F NMR spectrum of 3-FPhe fractionally labeled CaM-4Ca<sup>2+</sup> at 51°C with the corresponding phenylalanine assignments. A spectral deconvolution is shown to highlight each of the eight resonances. (B) Order parameter values from a Lipari Szabo analysis based on <sup>19</sup>F T<sub>1</sub> and T<sub>2</sub> data from the 3-FPhe reporters. Residues F12, F16, and F89 are excluded from the analysis due to significant spectral overlap.



**Figure S2.** <sup>19</sup>F CPMG relaxation dispersion profiles collected at 37°C. F12, F16, and F89 here are excluded due to poor peak separation in the spectrum. Using two field strengths, 11.7 T (blue) and 14.1 T (red), a global fit to a two-site exchange model of residues F68, F65, and F19 give an estimate of the exchange rate and relative population of the *I* state at 37°C. The exchange rate from F92 is near the fast-exchange regime and thus was omitted from the global fit. At 37°C, the CPMG dispersion from F141 did not produce a reliable fit to extract an exchange rate.



**Figure S3.** <sup>19</sup>F CPMG relaxation dispersion profiles for three of the eight phenylalanine reporters (F12, F16, F89) collected at 41°C (purple), 45°C (green), 51°C (blue), and 57°C (red). Though these residues exhibit a dispersion, the curves were not fit due to the additional error added as a result of spectral overlap.



**Figure S4.** <sup>19</sup>F CPMG relaxation dispersion profiles for full length CaM-4Ca<sup>2+</sup> in the presence of 5% trifluoroethanol (TFE) at 57°C. The lack of dispersion indicates TFE stabilizes the native state and prevents excursions to the near-native intermediate.



**Figure S5.** Exchange rates  $(k_{ex})$ , extracted from the CPMG experiments, as a function of temperature.



**Figure S6.** A van't Hoff analysis associated with the formation of the water-depleted intermediate state. In this analysis, it is assumed the equilibrium constant,  $K_{NI}$ , is equal to the ratio of the populations of the two states ( $p_I/p_N$ ). The populations of the native,  $p_I$ , and nearnative,  $p_N$ , states were obtained from previous <sup>19</sup>F chemical shift analysis.<sup>1</sup>

# Supporting Tables

**Table S1.** Exchange  $(k_{ex})$ , folding  $(k_{IN})$ , and unfolding  $(k_{NI})$  rates extracted from CPMG dispersion experiments for the phenylalanine residues.

	Exchange Rate (Hz)								
	Residue								
	F141			F68			F65		
Temperature	k <sub>ex</sub> k <sub>fold</sub> k <sub>unfc</sub>		k <sub>unfold</sub>	k <sub>ex</sub>	k <sub>fold</sub>	k <sub>unfold</sub>	k <sub>ex</sub>	k <sub>fold</sub>	k <sub>unfold</sub>
(°C)									
57	$480\pm500$	$340\pm370$	$140 \pm 150$	$1180\pm270$	$830\pm300$	$340 \pm 120$	$490\pm430$	$350\pm320$	$140\pm130$
54	$630\pm470$	$490\pm390$	$140 \pm 110$	$1260\pm280$	$970\pm380$	$280 \pm 110$	$710 \pm 550$	$550\pm460$	$160 \pm 140$
51	$3490\pm940$	$2840 \pm 1220$	$640 \pm 280$	$2550\pm410$	$2070\pm770$	$480\pm180$	$2200\pm1260$	$1780 \pm 1180$	$400\pm270$
48	$2380\pm860$	$2040 \pm 1050$	$330 \pm 170$	$750 \pm 340$	$1500\pm630$	$240\pm100$	$950 \pm 560$	$820\pm570$	$130 \pm 90$
45	$1120\pm 580$	$1050\pm670$	$120 \pm 80$	$1000\pm290$	$900 \pm 450$	$110 \pm 50$	$650 \pm 590$	$580 \pm 580$	$70 \pm 70$
41	$400 \pm 530$	$360 \pm 520$	$30 \pm 40$	$1100\pm270$	$1010\pm500$	$80 \pm 40$	$150 \pm 170$	$140 \pm 160$	$10 \pm 10$
37	N.A	N.A	N.A	$1240 \pm 320$	$1180 \pm 630$	$60 \pm 30$	$350 \pm 420$	$330 \pm 430$	$20 \pm 20$

	Exchange Rate (Hz) Residue						
		F19		F92			
Temperature	k <sub>ex</sub> k <sub>fold</sub> k <sub>unfold</sub>			k <sub>ex</sub>	k <sub>fold</sub>	k <sub>unfold</sub>	
(°C)							
57	$1830\pm380$	$1300 \pm 450$	$530\pm180$	$2010\pm280$	$1420\pm440$	$290\pm180$	
54	$1710\pm300$	$1310\pm480$	$390 \pm 140$	$1660 \pm 310$	$1280 \pm 460$	$380\pm140$	
51	$2780\pm440$	$2270\pm830$	$510\pm190$	$2360\pm290$	$1920\pm680$	$440\pm150$	
48	$2120\pm370$	$1820\pm740$	$300 \pm 120$	$2310\pm270$	$1990\pm770$	$320\pm130$	
45	$750 \pm 360$	$670 \pm 420$	$80 \pm 50$	$2630\pm370$	$3250 \pm 1000$	$280\pm120$	
41	$690 \pm 300$	$640 \pm 400$	$50\pm30$	$2480 \pm 390$	$2300 \pm 1070$	$180 \pm 90$	
37	$650 \pm 230$	$620 \pm 360$	$30 \pm 20$	$2040 \pm 260$	$1940\pm940$	$100 \pm 50$	

	Full-length CaM-4Ca <sup>2+</sup>							
	R <sub>2,eff</sub> (s <sup>-1</sup> ) Residue							
v <sub>CPMG</sub> (Hz)	F19	F65	F68	F89	F92	F141		
83	159.6	120.3	126.9	157.1	164.5	154.4		
167	170.9	123.7	129.2	149.8	168.9	146.7		
250	163.9	117.0	121.3	156.4	162.2	155.8		
333	173.7	119.0	128.7	149.8	166.3	146.6		
417	164.0	115.7	121.2	149.5	154.4	142.6		
500	161.2	113.7	112.2	152.8	147.3	142.6		
667	145.3	117.7	113.9	141.6	140.1	139.9		
833	147.5	112.6	107.5	131.7	136.3	133.6		
1000	140.4	110.7	104.2	143.1	132.7	133.9		
1333	135.0	112.6	100.0	138.6	121.6	135.0		
1667	135.0	112.6	99.2	137.8	118.5	133.6		
2000	128.5	109.9	98.5	136.6	114.0	127.8		
2333	126.4	108.5	96.5	140.4	108.1	129.4		
2750	127.6	107.3	95.7	136.9	107.5	124.3		
3000	127.4	112.6	95.8	138.6	105.1	130.7		

**Table S2.** CPMG relaxation dispersion data ( $R_{2,eff}$  vs.  $v_{CPMG}$ ) for full length CaM-4Ca<sup>2+</sup>, TR1C, TR2C, and full length CaM-4Ca<sup>2+</sup> in the presence of 5% TFE at 45°C.

	Individual Domains of CaM-4Ca <sup>2+</sup>							
	$\mathbf{R}_{2,\mathrm{eff}}(\mathrm{s}^{-1})$							
	Residue							
		TR1C		TR2C				
v <sub>CPMG</sub> (Hz)	F19	F65	F68	F89	F92	F141		
50	90.5	39.3	56.5	29.6	33.0	31.1		
100	62.1	32.9	35.0	31.9	32.2	34.3		
150	88.0	37.9	55.6	28.5	28.6	33.5		
200	88.8	36.9	54.5	31.1	32.7	34.1		
300	89.2	36.7	57.0	31.1	31.2	31.8		
500	86.1	37.0	55.2	30.3	29.9	33.6		
700	90.7	35.6	54.8	33.5	27.9	33.5		
900	87.1	35.4	52.2	32.7	28.3	33.6		
1100	77.2	32.4	46.6	32.4	27.7	33.8		
1500	81.8	33.7	42.7	31.9	24.4	32.9		
1900	68.1	32.0	40.2	32.2	20.1	32.4		
2300	64.8	31.8	36.8	31.2	19.9	32.3		
2700	64.0	30.8	33.2	32.1	24.1	29.6		

	Full-length CaM-4Ca <sup>2+</sup> with 5%TFE   R <sub>2,eff</sub> (s <sup>-1</sup> )							
	Residue							
v <sub>CPMG</sub> (Hz)	F19 F65 F68 F89 F92 F141							
83	66.6	74.5	56.3	96.1	26.8	73.6		
250	62.1	70.6	56.4	100.1	30.5	77.7		
417	63.7	68.3	51.5	97.5	26.8	69.6		
750	60.5	73.2	56.3	96.9	26.6	73.9		
1083	63.7	68.3	57.4	96.5	28.7	73.3		
1750	63.7	71.9	56.4	97.6	25.9	77.8		
2417	66.1	70.1	57.4	97.0	22.7	73.0		
3000	66.1	74.5	57.1	97.0	22.9	77.6		
3333	67.2	71.9	61.1	96.2	22.5	75.7		

## **Supplemental References**

(1) Kitevski-LeBlanc, J. L., Hoang, J., Thach, W., Larda, S. T., and Prosser, R. S. (2013) F-19 NMR studies of a desolvated near-native protein folding intermediate, *Biochemistry* 52, 5780-5789.