

## Supporting Information

### Impact of Surface Polyethylene Glycol (PEG) Density on Biodegradable Nanoparticle Transport in Mucus *ex vivo* and Distribution *in vivo*

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Table S1. Characteristics of PEG-containing block copolymers

Block polymer	PEG (kDa)	LA:GA [a]	PEG content [b] (%)	Mn <sup>[c]</sup> (kDa)	Mn <sup>[d]</sup> (kDa)	Mw <sup>[d]</sup> (kDa)	PDI <sup>[d]</sup>
PLGA-PEG <sub>5k</sub> , 25%	5	78:22	25.2	19.9	15.1	21.9	1.75
PLGA-PEG <sub>5k</sub> , 20%	5	49:51	21.4	23.4	25.4	38.7	1.52
PLGA-PEG <sub>5k</sub> , 10%	5	55:45	9.8	50.8	40.5	71.0	1.45

[a] The molar ratio of LA:GA was measured by comparing the <sup>1</sup>H NMR integral intensity at 5.22 ppm (-CH- on lactide), 1.59 ppm (-CH<sub>3</sub> on lactide) and 4.83 ppm (-CH<sub>2</sub>- on glycolide), as shown in Figure. S3.

[b] PEG content in the block copolymers were determined by <sup>1</sup>H NMR.

[c] PLGA-PEG molecular weight (Mn) was determined by <sup>1</sup>H NMR through comparing the integral at 5.22 ppm (-CH- in lactide), 1.59 ppm (-CH<sub>3</sub> on lactide), 4.83 ppm (-CH<sub>2</sub>- in glycolide) and 3.65 ppm (-CH<sub>2</sub>CH<sub>2</sub>- in PEG) and by taking into account of the known Mn of PEG. For PCL-PEG, integrals at 4.06 ppm (-O-CH<sub>2</sub>-) and 2.31 ppm (-CH<sub>2</sub>-CO-) were analyzed.

[d] Mn, Mw and polydispersity (PDI) were measured by GPC.

Table S2. Characteristics of PLGA-PEG<sub>5k</sub> nanoparticles prepared by nanoprecipitation method

Target PEG content (wt%)	ζ- potential (mV)	D (nm)	Total PEG content (wt%)	Surface PEG content (wt%)	[Γ] (chains/ 100 nm <sup>2</sup> )	[Γ]/[Γ*]
10	-3.4±0.4	117±1.4	6.5±0.1	5.8±0.2	15.8±0.6	3.6±0.1

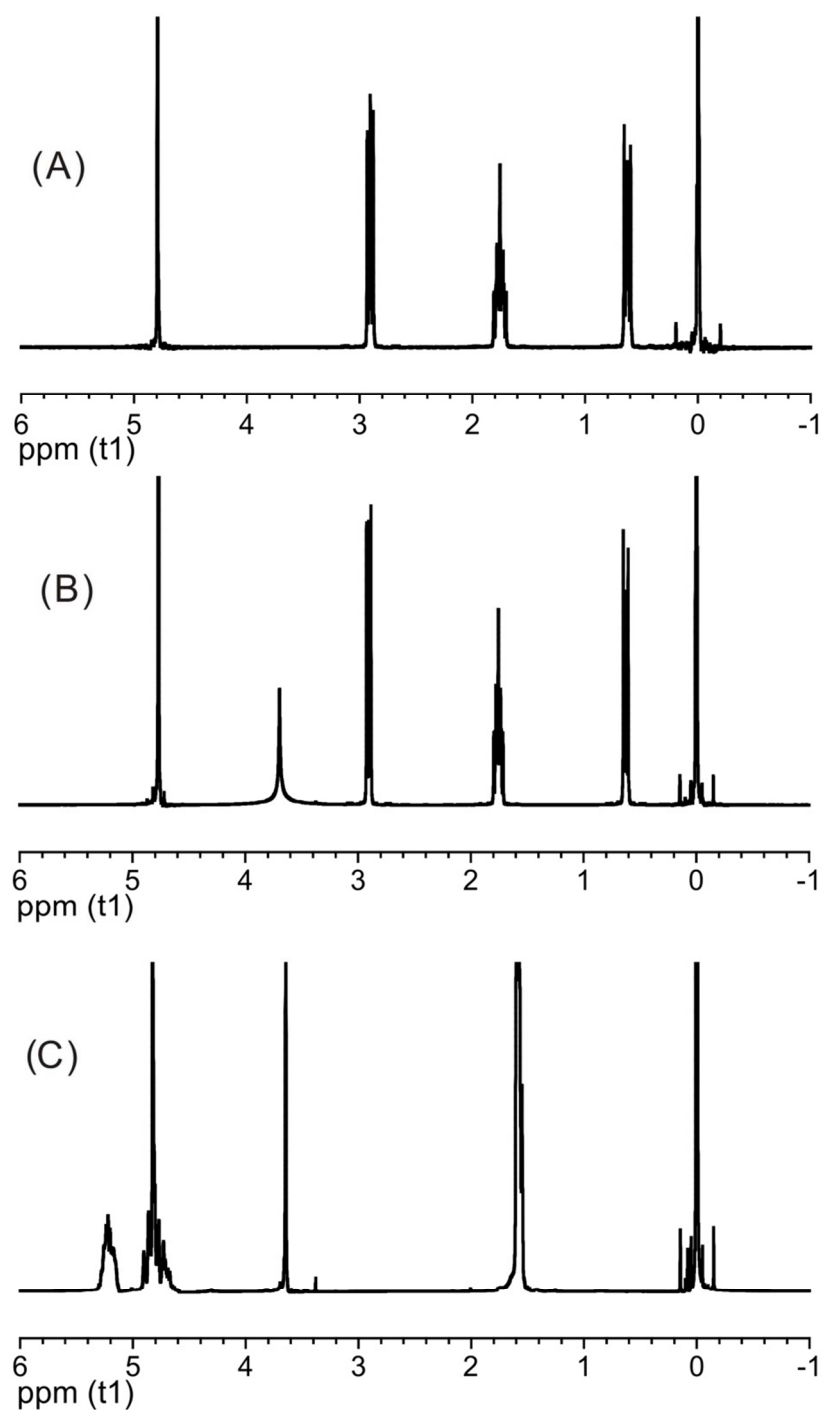


Figure S1. Representative  $^1\text{H}$  NMR spectra of (A) PLGA (0% PEG) nanoparticles and (B) PLGA-PEG<sub>10%</sub> nanoparticles suspended in  $\text{D}_2\text{O}$  with 1 wt% DSS as internal standard. Peaks at 2.91, 1.76, 0.65 and 0 ppm are from DSS. PEG on the nanoparticle surface shows broadened peak around 3.65 ppm, however, no peaks were observed from PLGA nanoparticles at 3.65 ppm. (C)  $^1\text{H}$  NMR spectra of lyophilized PLGA-PEG<sub>10%</sub> nanoparticles dissolved in  $\text{CDCl}_3$  with TMS as internal standard and PEG shows sharp peak around 3.65 ppm.

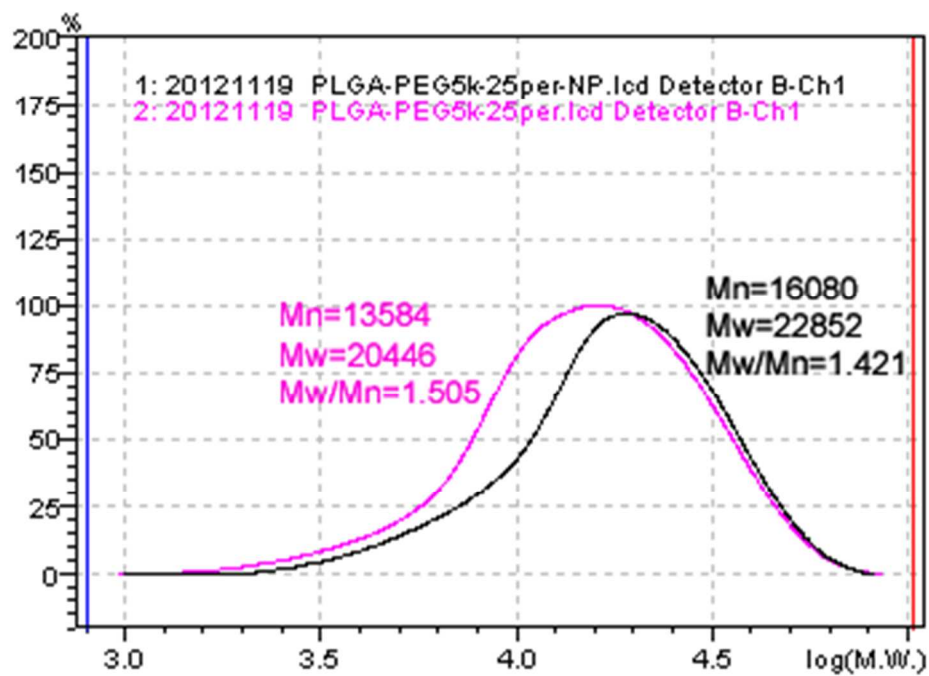


Figure S2. GPC results of PLGA-PEG<sub>5k</sub> (25 wt% PEG) raw materials (pink color) and the nanoparticles prepared from PLGA-PEG<sub>5k</sub> (25 wt% PEG) by the emulsification method (black color)

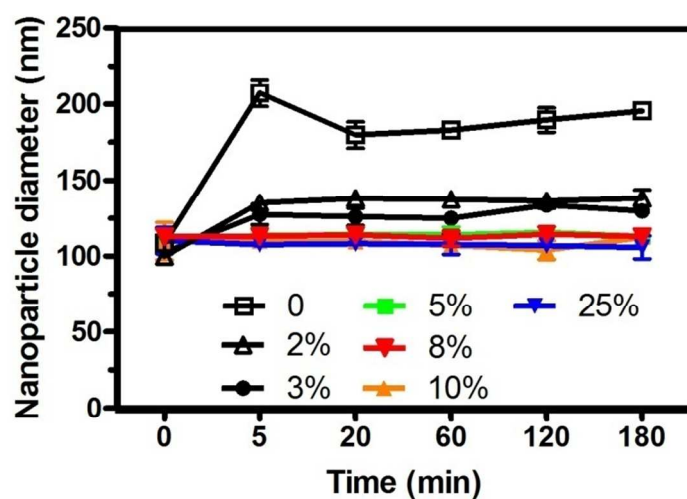


Figure S3. Nanoparticle stability over time *in vitro* in mucin solution. PLGA nanoparticles with different PEG content (0, 2%, 3%, 5%, 8%, 10% and 25% PEG) were incubated with 10 mg/ml mucin solution at 37°C under gentle stirring. At each time point, an aliquot of the nanoparticle suspension was removed to measure the hydrodynamic diameter using dynamic light scattering.

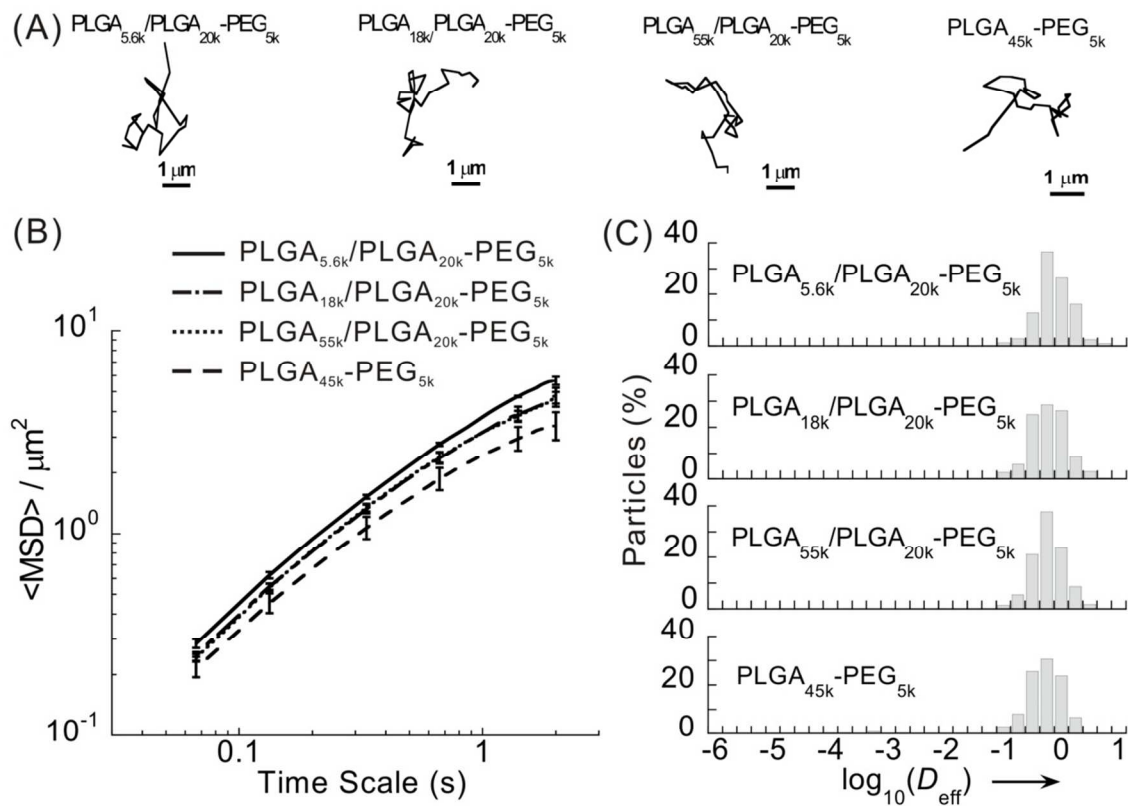


Figure S4. Transport of PTX-loaded PLGA-PEG and PLGA/PLGA-PEG blended nanoparticles in fresh, undiluted CVM. A) Representative trajectories for 3 s of particle motion. B) Ensemble-averaged geometric mean square displacement ( $\langle \text{MSD} \rangle$ ) as a function of time scale. C) Distributions of the logarithms of individual particle effective diffusivities ( $D_{\text{eff}}$ ) at a time scale of 1 s. Data represent three independent experiments with  $\geq 120$  nanoparticles tracked for each experiment (mean  $\pm$  SEM).

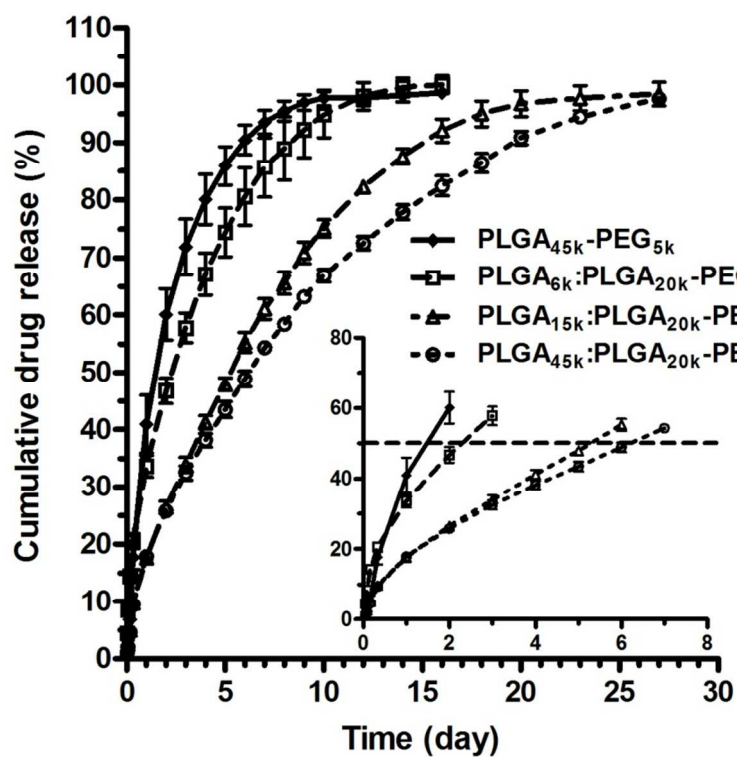


Figure S5. *In vitro* release of PTX from PLGA-PEG and PLGA/PLGA-PEG nanoparticles. The insert highlights the release profiles with extrapolated  $T_{1/2}$ , the time to release 50% of encapsulated drug.