

Eco-efficiency of mealworms (*Tenebrio molitor*) protein extracts

Supporting information

Myriam Laroche, Véronique Perreault, Alice Marciniak, Sergey Mikhaylin and Alain Doyen*

Department of Food Sciences, Dairy Research Center STELA, Institute of Nutrition and Functional Foods (INAF), Université Laval, Quebec City, QC, G1V 0A6, Canada.

*Corresponding author: Alain Doyen
Department of Food Sciences
Pavillon Paul-Comtois
2425 Rue de l'Agriculture, Local 2322B
Université Laval,
Quebec City, Quebec, G1V 0A6 Canada
Phone number: +1418-656-2131 ext. 405454
E-mail address: alain.doyen@fsaa.ulaval.ca

6 pages; 2 Tables; 6 Equations

Table S1. LCA input and output

Table S2. Data and references used in Figure 5

Equation S1. Electricity for blanching

Equation S2. Electricity for homogenization

Equation S3. Electricity for centrifugation

Equation S4. Electricity for stirring during protein solubilization

Equation S5. Electricity for heating during protein solubilization

Equation S6. Steam for pre-concentration

Equation S7. Electricity for drying

Equation S8. Electricity for hexane and ethanol recovery

Table S1. LCA input and output

Input to produce 1 kg mealworms (Mealworm rearing phase)

INPUT	PROCESS	QUANTITY	DATA SOURCE
STEEL FRAME (KG)	steel, low-alloyed market for steel, low-alloyed	0.008136	33
STEEL (GALVANIZED) (KG)	sheet rolling, steel market for sheet rolling, steel	0.001238	
POLYURETHANE FOAM (KG)	polystyrene foam slab market for polystyrene foam slab	0.0008331	
SAWNWOOD (M ³)	sawnwood, softwood, dried (u=10%), planed market for sawnwood, softwood, dried (u=10%), planed	1.433E-05	
CONCRETE (M ³)	concrete, sole plate and foundation market for concrete, sole plate and foundation	3.508E-05	
GLASSWOOL (KG)	glass wool mat market for glass wool mat	0.0003351	
PVC (KG)	polyvinylchloride, bulk polymerised market for polyvinylchloride, bulk polymerised	2.526E-05	
WATER (KG)	tap water market for tap water CA,Qc	2.536	34
ELECTRICITY (KWH)	electricity, medium voltage electricity voltage transformation from high to medium voltage	2.286	Personnal communication with a local TM farmer
WHEAT BRAN (KG)	wheat bran	1.383	33 - 35
DDGS (KG)	Distiller's Dried Grains with Solubles market for Distiller's Dried Grains with Solubles	1.106	
CARROT (KG)	carrot carrot335 production	0.2766	33
PET (KG)	polyethylene, high density, granulate market for polyethylene, high density, granulate	0.0290	
GLASS (KG)	glass tube, borosilicate market for glass tube, borosilicate	8.927E-07	
STEEL (KG)	steel, low-alloyed market for steel, low-alloyed	0.0003153	
POLYURETHANE (KG)	polyurethane, rigid foam market for polyurethane, rigid foam	0.0003158	
POLYVINYLCHLORIDE (KG)	polyvinylchloride, bulk polymerised market for polyvinylchloride, bulk polymerised	1.710E-05	
ALUMINIUM (KG)	aluminium alloy, AlMg3 market for aluminium alloy, AlMg3	2.229E-07	
SODIUM HYDROXIDE (KG)	sodium hydroxide, without water, in 50% solution state market for sodium hydroxide, without water, in 50% solution state	2.871E-06	
SODIUM HYPOCHLORITE (KG)	sodium hypochlorite, without water, in 15% solution state market for sodium hypochlorite, without water, in 15% solution state	5.511E-05	
AMMONIUM CHLORIDE (KG)	ammonium chloride market for ammonium chloride	2.5835E-05	
POLYPROPYLENE (KG)	polypropylene, granulate market for polypropylene, granulate	8.1267E-07	

CO ₂ (G)	Emission to atmosphere - Carbon dioxide	1134.1	12
CH ₄ (G)	Emission to atmosphere - Methane	0.11	
N ₂ O (MG)	Emission to air - Dinitrogen monoxide	28.05	
NH ₃ (MG)	Emission to air - Ammonia	100.1	

Processing phase

	INPUT/OUTPUT	PROCESS	SCENARIO 1				SCENARIO 2				DATA SOURCE
			SP1	SP2	IP3	IP4	SP1	SP2	IP3	IP4	
INPUT	Mealworm (KG)	Mealworm rearing phase	2 181	2 006	2 120	2 042	3 701	5 489	7 589	7 477	From experiment
	Water (L)	tap water tap water production, conventional treatment	12 871	23 512	57 379	73 801	20 871	31 043	10 2072	10 4671	From experiment
	Electricity (KWH)	electricity, medium voltage electricity voltage transformation from high to medium voltage	8 759	9 315	11 074	11 765	11 235	10 779	18 044	16 167	1, 38, 40, 41
	Steam (KG)	steam, in chemical industry market for steam, in chemical industry	6 866	9 443	-	-	6 866	9 443	-	-	39
	Hexane (KG)	hexane market for hexane	1	1	2	2	2	2	5	3	36
	Ethanol (KG)	ethanol, without water, in 99.7% solution state, from ethylene market for ethanol, without water, in 99.7% solution state, from ethylene	1	1	1	2	2	1	4	3	
	NaOH (KG)	sodium hydroxide, without water, in 50% solution state market for sodium hydroxide,	326	599	442	995	552	813	1 133	1 639	From experiment

OUTPUT		without water, in 50% solution state									
	HCl (KG)	hydrochloric acid, without water, in 30% solution state market for hydrochloric acid, without water, in 30% solution state	321	479	560	990	321	551	846	1 201	From experiment
	Emission - Hexane (KG)	Hexane	1	1	2	2	2	2	5	3	36
	Emission - Ethanol (KG)	Ethanol	1	1	1	2	2	1	4	3	36
	Wastewater (L)	wastewater, average treatment of wastewater, average, capacity 1.1E10 L/year	10 903	10 032	30 395	34 417	18 504	13 610	11 0606	92 537	From experiment
	Waste (KG)	biowaste treatment of biowaste, composting	-	-	-	-	626	325	1283	656	From experiment
	Lipid fraction (KG)	-	624	459	1279	925	624	459	1279	925	From experiment
	Chitin fraction (KG)	-	626	325	1283	656	-	-	-	-	
	Supernatant (L)	-	-	-	32726	47340	-	-	-	-	
	TM protein extract (Ton)	-	1	1	1	1	1	1	1	1	From experiment

Table S2. Data and references used in Figure 5.

Protein source	Protein (g) / product (kg)	GWP (kg CO ₂ eq./kg)	Eco-efficiency score ¹	Reference
Scenario 1	547 – 800	3.5 - 5.5	14.5 - 156.3	Current study
Scenario 2	547 – 800	6.3 – 10.9	50.2 - 127.0	
Soy protein isolate	870	1 - 6	145 - 870	50
Whey protein concentrate	800	12 - 16	50 - 67	
Skim milk powder	350	7 - 9.1	38.5 – 50.0	
Sodium caseinate	910	17 - 27	33.7 – 53.5	
Microbial protein	650	1 - 8	81.25 - 650	51
Faba bean protein ingredients	900	3	300	52
Lupin seeds protein isolates	930	6	155	53
Egg protein concentrate	800	23.4	34	54

¹ Calculated using Equation 4 with GWP values above for each protein source.

General equations for energy consumption

Equation S1. Electricity for blanching ³

$$\text{Electricity (kwh)} = \left(\frac{W \cdot \Delta T \cdot SW}{3\,600\,000} \right) + \left(\frac{TM \cdot \Delta T \cdot STM}{3\,600\,000} \right) \quad (\text{S1})$$

W: Quantity of water (g)

ΔT: Temperature difference (°C)

SW: Specific heat of water (4.184 J / g / °C)

3 600 000: Conversion factor from J to kwh

STM³⁸: Specific heat of TM (3320 J / kg / °C)

TM: Quantity of TM (kg)

Equation S2. Electricity for homogenisation ¹

$$\text{Electricity (kwh)} = \frac{EP \cdot TM \cdot V}{C} \quad (\text{S2})$$

EP: Engine power (2.2 kW)

TM: Quantity of TM (kg)
V: Volume to homogenize (L/kg TM)
C: Capacity (500 L/h)

Equation S3. Electricity for centrifugation ⁴¹

$$\text{Electricity (kwh)} = \frac{EP \cdot TM \cdot V}{C} \quad (\text{S3})$$

EP: Engine power (19 kW)
TM: Quantity of TM (kg)
V: Volume to centrifuge (L/kg TM)
C: Capacity (20 000 L/h)

Equation S4. Electricity for agitation in protein solubilisation ⁴²

$$\text{Electricity (kwh)} = \frac{EP \cdot TM \cdot V \cdot T}{C} \quad (\text{S4})$$

EP: Engine power (24 kW)
TM: Quantity of TM (kg)
V: Volume to agitate (L/kg TM)
T: Time of agitation (h)
C: Capacity (4 000 L)

Equation S5. Electricity for heat during the protein solubilisation ³⁹

$$\text{Electricity (kwh)} = \frac{\left(\frac{N \cdot \Delta T \cdot SN}{3\,600\,000} \right) + \left(\frac{TM \cdot \Delta T \cdot STM}{3\,600\,000} \right)}{E} \quad (\text{S5})$$

N: Quantity of NaOH (g)
 ΔT : Temperature difference (°C)
SN: Specific heat of NaOH (3.98 J / g / °C)
3 600 000: Conversion factor from J to kwh
STM ³⁸: Specific heat of defatted TM (3405 J / kg / °C)
TM: Quantity of TM (kg)
E: Efficiency (0.75)

Equation S6. Steam for pre-concentration ⁴⁰

$$\text{Steam (kg)} = SC \cdot W \quad (\text{S6})$$

SC: Steam consumed by a three-effect evaporator (0.4 kg/kg water to evaporate)
W: Quantity of water to evaporate (kg)

Equation S7. Electricity for drying ³⁶

$$\text{Electricity (kwh)} = \frac{EC \cdot W}{3\,600} \quad (S7)$$

EC: Energy consumption of a single effect spray drying process (5000 kJ/kg of water to evaporate)

W: Quantity of water to evaporate (kg)

3 600: Conversion factor from kJ to kwh

Equation S8. Electricity for recuperating solvent and ethanol³⁷

$$\text{Electricity (kwh)} = \left(\frac{E \cdot \Delta HE}{3\,600} \right) + \left(\frac{H \cdot \Delta HH}{3\,600} \right) \quad (S8)$$

E: Quantity of ethanol to evaporate (kg)

ΔHE : Ethanol enthalpy (977 kJ/kg)

3 600: Conversion factor from kJ to kwh

H: Quantity of hexane to evaporate (kg)

ΔHH : Hexane enthalpy (335 kJ/kg)