## Supporting Information:

## Multiexciton Absorption Cross Sections of CdSe

Quantum Dots Determined by Ultrafast Spectroscopy

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## 1. Multiexponential fits

Table S1: The excitation intensities used for each sample, expressed as a samplespecific reference intensity $I_{0}$ times a factor.

| Sample | $I_{0}\left(\right.$ photons $/\left(\right.$ pulse $\left.\left.\cdot \mathrm{cm}^{2}\right)\right)$ | Factors |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| L0 | $3.08 \cdot 10^{13}$ | 1 | 3.8 | 11.6 | 45.8 |
| S0 | $1.07 \cdot 10^{14}$ | 1 | 12.0 | 25.0 | 55.0 |
| S5 at 540 nm | $1.00 \cdot 10^{14}$ | 1 | 13.0 | 55.0 | 126.3 |
| S5 at 575 nm | $2.32 \cdot 10^{13}$ | 1 | 22.0 | 98.0 | 210.0 |
| S300 | $1.00 \cdot 10^{14}$ | 1 | 33.0 | 51.8 | 116.3 |

The pump intensities as given in Table S1 gave rise to the signals shown in Fig. 2 and Fig. S1. The signals shown here were measured in a static cuvette, since test runs with static and rotating cuvettes had shown the same signal. The initial amplitudes corresponding to the initial signal from each exciton level and the corresponding decay lifetimes were extracted by fitting one component at a time from the slowest to the fastest by fits in the appropriate time region. All measurements of each sample were fitted globally, except for the slowest component where only the highest-intensity trace was fitted due to high noise levels in the other traces. When fitting the faster components, all previously fitted components were included as fixed. Five exponentials were used. The excitation pulse was modeled by convoluting the exponentials with a Gaussian. The extracted amplitudes from the L0 sample at 592 nm are shown as an example in Table S2, and all lifetimes in Table S3.

A constant pre-pump signal with the same sign as the transient was seen in all measurements. It was subtracted before the fitting. The possibility that it represents a long-lived signal from charged QDs (recombining on the same timescale as the repetition rate of the laser, i.e. 1 ms ) was investigated, but in the absence of more detailed measurements of the charging specifically it is hard to calculate reliably how much this will shift the transient signal, and fitting including an estimate of the charging effect did not lead to markedly different results from the simple subtraction approach, which is why we do not include it here.


Figure S1: TA kinetics for the four pump intensities, normalized at times longer than 6 ns , and fits. The normalization factors are given next to each trace. a) L0, probed at 592 nm . b) L0, probed at 550 nm . c) S0, probed at 526 nm . d) S5, probed at 540 nm . e) S5, probed at 575 nm. f) S 300 , probed at 540 nm .

Table S2: Amplitudes retrieved from the five-exponential fits seen in Figure 2. Note that the y -axis in the figure shows $-\Delta A$.

| Intensity | $A_{1, \alpha}$ | $A_{1, \beta}$ | $A_{2}$ | $A_{3}$ | $A_{4}$ |
| ---: | ---: | ---: | ---: | ---: | ---: |
| $1.0 \cdot I_{0}$ | $-4.18 \cdot 10^{-4}$ | $-7.22 \cdot 10^{-4}$ | $-2.86 \cdot 10^{-4}$ | $-2.65 \cdot 10^{-4}$ | $-3.91 \cdot 10^{-4}$ |
| $3.8 \cdot I_{0}$ | $-1.74 \cdot 10^{-3}$ | $-3.01 \cdot 10^{-3}$ | $-2.03 \cdot 10^{-3}$ | $-1.08 \cdot 10^{-3}$ | $-2.01 \cdot 10^{-3}$ |
| $11.6 \cdot I_{0}$ | $-4.42 \cdot 10^{-3}$ | $-7.62 \cdot 10^{-3}$ | $-1.08 \cdot 10^{-2}$ | $-4.90 \cdot 10^{-3}$ | $-7.20 \cdot 10^{-3}$ |
| $45.8 \cdot I_{0}$ | $-8.45 \cdot 10^{-3}$ | $-1.46 \cdot 10^{-2}$ | $-3.18 \cdot 10^{-2}$ | $-5.08 \cdot 10^{-2}$ | $-2.22 \cdot 10^{-2}$ |

Table S3: Lifetimes $\tau_{N}$ of the $N$-excitons.

| Sample | $\tau_{1, \alpha}(\mathrm{~ns})$ | $\tau_{1, \beta}(\mathrm{~ns})$ | $\tau_{2}(\mathrm{ps})$ | $\tau_{3}(\mathrm{ps})$ | $\tau_{4}(\mathrm{ps})$ |
| :---: | :---: | :---: | :---: | :---: | :---: |
| L0 at 592 nm | 14 | 1.7 | 210 | 39 | 9.2 |
| L0 at 550 nm | 11 | 0.85 | 320 | 60 | 6.4 |
| S0 | 18 | 1.6 | 690 | 33 | 4.0 |
| S5 at 575 nm | 17 | 1.5 | 160 | 44 | 9.2 |
| S5 at 540 nm | 25 | 1.7 | 100 | 32 | 4.3 |
| S300 | 22 | 1.6 | 230 | 56 | 11 |

## 2. Calculations of the initial population distribution

Table S4: Average number of excitons at $I_{0}$ per $\mathrm{QD}\langle N\rangle_{0}$, and absorption cross section at the pump wavelength $\sigma_{a b s}$, calculated from the highest, average and lowest values of $\Delta A_{0}$ at each intensity.

| Sample | High $\Delta A_{0}$ |  | Average $\Delta A_{0}$ |  | Low $\Delta A_{0}$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\langle N\rangle_{0}$ | $\sigma_{a b s}\left(\AA^{2}\right)$ | $\langle N\rangle_{0}$ | $\sigma_{a b s}\left(\AA^{2}\right)$ | $\langle N\rangle_{0}$ | $\sigma_{a b s}\left(\AA^{2}\right)$ |
| L0 at 592 nm | 0.062 | 17 | 0.065 | 18 | 0.069 | 19 |
| L0 at 550 nm | 0.058 | 16 | 0.088 | 24 | 0.13 | 34 |
| S0 | 0.079 | 7.4 | 0.075 | 7.0 | 0.068 | 6.4 |
| S5 at 575 nm | 0.049 | 21 | 0.046 | 20 | 0.045 | 19 |
| S5 at 540 nm | 0.059 | 5.9 | 0.059 | 5.9 | 0.059 | 5.9 |
| S300 | 0.11 | 11 | 0.11 | 11 | 0.11 | 11 |

Table S5: Values of $\sigma_{a b s}$ in $\AA^{2}$ calculated from the average values of $\Delta A_{0}$, with errors estimated from fits to the highest and lowest values. The red edge is 592 nm for sample L 0 and 575 nm for sample $S 5$. The peak is 540 nm for sample S 5 and S300. The blue edge is 550 nm for sample $L 0$ and 526 nm for sample S0.

| Sample | Probed at <br> Blue edge |  |  |
| :---: | :---: | :---: | :---: |
| Peak | Red edge |  |  |
| L0 | $24 \pm 10$ |  | $17.8 \pm 0.6$ |
| S0 | $7.0 \pm 0.6$ |  |  |
| S5 |  | $5.90 \pm 0.02$ | $20 \pm 1$ |
| S300 |  | $10.9 \pm 0.3$ |  |

The signals at long timescales were rescaled to $t=0$ and fitted to Eq. 3. The results are shown in Fig. 3, Fig. S2, Table S4 and Table S5. The obtained cross sections can be compared by the expressions given by Yu et al. ${ }^{1}$ and Leatherdale et al. ${ }^{2}$ All results agree with the predictions within a factor of 2 , except for the core-shell samples where the Leatherdale formula generally underestimates the cross section, and our cross section of sample S5 at the band edge, which is more than 3 times larger than both the Yu prediction and the corresponding result away from the band edge. The anomalous core-shell predictions can be explained by the fact that Leatherdale et al. predict the cross section at 350 nm for core QDs only, and the shape of core-shell QD absorption spectra-which is used to recalculate to our pump wavelengths-differs significantly from the shape of core QD absorption spectra. The


Figure S2: Maximum, average and minimum TA signal (crosses) $\Delta A_{0}$ rescaled from $t>6 \mathrm{~ns}$ (see Fig. S1) as a function of excitation intensity (lower axis) and average number of excitons per quantum dots (upper axis). Fits based on the maximum and minimum provide the maximum and minimum values for $\langle N\rangle_{0}$ according to Eq. 3, and a fit to the average values provides the $\langle N\rangle_{0}$ that best represents the entire data set. Also included are the maximum signals from the 1-excitons $K_{1}$ obtained from analyses of the kinetics. The averaged $\langle N\rangle$ leads to the best consistency with the corresponding $K_{1}$ values, both represented by green lines. The low- $\langle N\rangle$ fit is clearly inconsistent with the corresponding $K_{1}$ (both represented by blue lines). The accuracy of the $K_{1}$ values at $I_{0}$ is affected by large errors in the measurements of low intensities. a) L0, probed at 592 nm . b) L0, probed at 550 nm . c) S0, probed at 526 nm . d) S5, probed at 540 nm . e) S5, probed at 575 nm. f) S300, probed at 540 nm .
cross sections are also affected by the different positions of the probe relative to the bandgap and uncertainties in the determination of the beam area.

Each average number of excitations in each QD ensemble, $\langle N\rangle$, that was extracted was in turn used to calculate the initial population of each exciton level using Eq. 1. There are three different sets of populations, one for the $\langle N\rangle \mathrm{s}$ from the upper-boundary fit $\left(\langle N\rangle_{\max }\right)$, one from the lower-boundary fit $\left(\langle N\rangle_{\min }\right)$ and one from the average fit $\left(\langle N\rangle_{\text {avg }}\right)$, for each QD sample. As an example, the results for the L0 sample at the band edge are shown in Table S6, Table S7 and Table S8 respectively.

Table S6: Initial populations for sample L0 at 592 nm calculated from the upperboundary fit

| Intensity | $\langle N\rangle_{\max }$ | $P_{0}$ | $P_{1}$ | $P_{2}$ | $P_{3}$ | $P_{4}$ | $P_{5}+P_{6}+\ldots$ |
| ---: | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| $1.0 \cdot I_{0}$ | 0.062 | 0.940 | 0.058 | 0.002 | - | - | - |
| $3.8 \cdot I_{0}$ | 0.238 | 0.788 | 0.188 | 0.022 | 0.002 | - | - |
| $11.6 \cdot I_{0}$ | 0.723 | 0.486 | 0.351 | 0.127 | 0.031 | 0.001 | 0.001 |
| $45.8 \cdot I_{0}$ | 2.843 | 0.058 | 0.166 | 0.235 | 0.223 | 0.159 | 0.090 |

Table S7: Initial populations for sample L0 at 592 nm calculated from the average values fit

| Intensity | $\langle N\rangle_{\text {avg }}$ | $P_{0}$ | $P_{1}$ | $P_{2}$ | $P_{3}$ | $P_{4}$ | $P_{5}+P_{6}+\ldots$ |
| ---: | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| $1.0 \cdot I_{0}$ | 0.065 | 0.937 | 0.061 | 0.002 | - | - | - |
| $3.8 \cdot I_{0}$ | 0.251 | 0.778 | 0.195 | 0.025 | 0.002 | - | - |
| $11.6 \cdot I_{0}$ | 0.761 | 0.467 | 0.356 | 0.135 | 0.034 | 0.001 | 0.001 |
| $45.8 \cdot I_{0}$ | 2.995 | 0.050 | 0.150 | 0.224 | 0.224 | 0.184 | 0.101 |

Table S8: Initial populations for sample L0 at 592 nm calculated from the lowerboundary fit

| Intensity | $\langle N\rangle_{\min }$ | $P_{0}$ | $P_{1}$ | $P_{2}$ | $P_{3}$ | $P_{4}$ | $P_{5}+P_{6}+\ldots$ |
| ---: | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| $1.0 \cdot I_{0}$ | 0.069 | 0.934 | 0.064 | 0.002 | - | - | - |
| $3.8 \cdot I_{0}$ | 0.263 | 0.769 | 0.202 | 0.027 | 0.002 | - | - |
| $11.6 \cdot I_{0}$ | 0.799 | 0.450 | 0.359 | 0.144 | 0.038 | 0.001 | 0.001 |
| $45.8 \cdot I_{0}$ | 3.143 | 0.043 | 0.136 | 0.213 | 0.223 | 0.209 | 0.110 |

## 3. Extraction of the $K_{N}$ coefficients

The time evolution of the populations in the different exciton levels in a five-level system are given by the following equations retrieved using chemical kinetics. ${ }^{3}$

$$
\begin{gather*}
\frac{d P_{4}(t)}{d t}=-k_{4} \cdot P_{4}(t) \Rightarrow P_{4}(t)=P_{4}(0) \cdot e^{-k_{4} \cdot t}  \tag{S3.1a}\\
\frac{d P_{3}(t)}{d t}=k_{4} \cdot P_{4}(t)-k_{3} \cdot P_{3}(t) \Rightarrow P_{3}(t)=P_{3}(0) \cdot e^{-k_{3} \cdot t}+P_{4}(0) \cdot \frac{k_{4}}{k_{3}-k_{4}} \cdot\left(e^{-k_{4} \cdot t}-e^{-k_{3} \cdot t}\right) \tag{S3.1b}
\end{gather*}
$$

$$
\begin{align*}
\frac{d P_{2}(t)}{d t} & =k_{3} \cdot P_{3}(t)-k_{2} \cdot P_{2}(t) \Rightarrow \\
P_{2}(t) & =P_{2}(0) \cdot e^{-k_{2} \cdot t}+P_{3}(0) \cdot \frac{k_{3}}{\left(k_{2}-k_{3}\right)} \cdot\left(e^{-k_{3} \cdot t}-e^{-k_{2} \cdot t}\right)  \tag{S3.1c}\\
& +P_{4}(0) \cdot\left(\frac{k_{4} \cdot k_{3} \cdot e^{-k_{4} \cdot t}}{\left(k_{2}-k_{4}\right) \cdot\left(k_{3}-k_{4}\right)}-\frac{k_{4} \cdot k_{3} \cdot e^{-k_{3} \cdot t}}{\left(k_{2}-k_{3}\right) \cdot\left(k_{3}-k_{4}\right)}+\frac{k_{4} \cdot k_{3} \cdot e^{-k_{2} \cdot t}}{\left(k_{2}-k_{3}\right) \cdot\left(k_{2}-k_{4}\right)}\right)
\end{align*}
$$

$$
\frac{d P_{1}(t)}{d t}=k_{2} \cdot P_{2}(t)-k_{1} \cdot P_{1}(t) \Rightarrow
$$

$$
P_{1}(t)=P_{1}(0) \cdot e^{-k_{1} \cdot t}+P_{2}(0) \cdot \frac{k_{2}}{\left(k_{1}-k_{2}\right)} \cdot\left(e^{-k_{2} \cdot t}-e^{-k_{1} \cdot t}\right)
$$

$$
\begin{equation*}
+P_{3}(0) \cdot\left(\frac{k_{3} \cdot k_{2} \cdot e^{-k_{3} \cdot t}}{\left(k_{1}-k_{3}\right) \cdot\left(k_{2}-k_{3}\right)}-\frac{k_{3} \cdot k_{2} \cdot e^{-k_{2} \cdot t}}{\left(k_{1}-k_{2}\right)\left(k_{2}-k_{3}\right)}+\frac{k_{3} \cdot k_{2} \cdot e^{-k_{1} \cdot t}}{\left(k_{1}-k_{2}\right)\left(k_{1}-k_{3}\right)}\right) \tag{S3.1d}
\end{equation*}
$$

$$
+P_{4}(0) \cdot\left(\frac{k_{4} \cdot k_{3} \cdot k_{2} \cdot e^{-k_{4} \cdot t}}{\left(k_{1}-k_{4}\right) \cdot\left(k_{2}-k_{4}\right) \cdot\left(k_{3}-k_{4}\right)}-\frac{k_{4} \cdot k_{3} \cdot k_{2} \cdot e^{-k_{3} \cdot t}}{\left(k_{1}-k_{3}\right) \cdot\left(k_{2}-k_{3}\right) \cdot\left(k_{3}-k_{4}\right)}\right)
$$

$$
+P_{4}(0) \cdot\left(\frac{k_{4} \cdot k_{3} \cdot k_{2} \cdot e^{-k_{2} \cdot t}}{\left(k_{1}-k_{2}\right) \cdot\left(k_{2}-k_{3}\right) \cdot\left(k_{2}-k_{4}\right)}-\frac{k_{4} \cdot k_{3} \cdot k_{2} \cdot e^{-k_{1} \cdot t}}{\left(k_{1}-k_{2}\right) \cdot\left(k_{1}-k_{3}\right) \cdot\left(k_{1}-k_{4}\right)}\right)
$$

According to Eq. 4 it is possible to write the total signal from the QDs as

$$
\begin{equation*}
S_{t o t}(t)=K_{1} \cdot P_{1}(t)+K_{2} \cdot P_{2}(t)+K_{3} \cdot P_{3}(t)+K_{4} \cdot P_{4}(t) \tag{S3.2}
\end{equation*}
$$

On the other hand, the fitting gives an equation of the form

$$
\begin{equation*}
S_{t o t}(t)=A_{1, \alpha} \cdot e^{-k_{1, \alpha} \cdot t}+A_{1, \beta} \cdot e^{-k_{1, \beta} \cdot t}+A_{2} \cdot e^{-k_{2} \cdot t}+A_{3} \cdot e^{-k_{3} \cdot t}+A_{4} \cdot e^{-k_{4} \cdot t} \tag{S3.3}
\end{equation*}
$$

To account for the biexponential single-exciton decay, we assume that there are two parallel decay channels, with $\alpha=A_{1, \alpha} /\left(A_{1, \alpha}+A_{1, \beta}\right)$ of the total following the slow route and $\beta=1-\alpha$ following the fast route, the two routes being identical except that the rate constant of the single-exciton decay is $k_{1, \alpha}$ for the slow route but $k_{1, \beta}$ for the fast route. The signal from the slow route will be

$$
\begin{equation*}
S_{t o t, \alpha}(t)=A_{1, \alpha} \cdot e^{-k_{1, \alpha} \cdot t}+\alpha \cdot\left(A_{2} \cdot e^{-k_{2} \cdot t}+A_{3} \cdot e^{-k_{3} \cdot t}+A_{4} \cdot e^{-k_{4} \cdot t}\right) \tag{S3.4}
\end{equation*}
$$

and analogously, replacing $\alpha$ with $\beta$, for the fast route, with $S_{\text {tot }}(t)=S_{\text {tot }, \alpha}(t)+S_{\text {tot }, \beta}(t)$.
Eq. S3.1a-d and Eq. S3.2 are adapted to describe a specific channel by replacing $k_{1}$ with $k_{1, \alpha}\left(k_{1, \beta}\right)$ and $K_{N}$ with $K_{N, \alpha}\left(K_{N, \beta}\right)$. In the following, we develop the argument for the slow route, but it holds, mutatis mutandis, equally for the fast route. The modified Eq. S3.2 can be rewritten on the same form as Eq. S3.4 by inserting the expressions for $P_{N}(t)$ given by the modified Eq. S3.1a-d, and collecting the occurrences of each exponential. The prefactors of the exponentials are then sums of up to four terms, each containing $K_{N}$ times a coefficient. Setting the right-hand sides of Eq. S3.2 and Eq. S3.4 as equal shows that the prefactors on each side must be equal for the equality to hold, so we obtain a system of four equations that can be written on matrix form as

$$
\mathbf{F}_{\alpha} \cdot\left(\begin{array}{c}
K_{1, \alpha}  \tag{S3.5}\\
K_{2, \alpha} \\
K_{3, \alpha} \\
K_{4, \alpha}
\end{array}\right)=\left(\begin{array}{c}
A_{1, \alpha} \\
A_{2} \\
A_{3} \\
A_{4}
\end{array}\right),
$$

where $\mathbf{F}_{\alpha}$ is a 4-by-4 matrix such that $F_{i j, \alpha}$ is the coefficient of $K_{j, \alpha} \cdot e^{-k_{i} \cdot t}\left(K_{j, \alpha} \cdot e^{-k_{1, \alpha} \cdot t}\right.$ for $F_{1 j, \alpha}$ ) in the rewritten Eq. S3.2. This system can be solved for $K_{N, \alpha}$. Finally, $K_{N}$ for the entire system is obtained through $K_{N}=K_{N, \alpha}+K_{N, \beta}$.

The different $K_{N}$ coefficients were extracted from Eq. S3.5 separately for each intensity for all the samples, using the $P_{N}(0)$ calculated from each $\langle N\rangle$ fit, and for the populations from average $\Delta A_{0}$ also for the maximum and minimum time constants in addition to the optimum. As an example, the $K_{N}$ values for the L0 sample at the band edge are shown in Table S9, Table S10 and Table S11.

Table S9: The extracted $K_{N}$ coefficients for sample L0 at 592 nm from the populations corresponding to $\langle N\rangle_{\max }$

| Intensity | $K_{1}$ | $K_{2}$ | $K_{3}$ | $K_{4}$ |
| ---: | ---: | ---: | ---: | ---: |
| $1.0 \cdot I_{0}$ | -0.0190 | -0.1734 | -- | -- |
| $3.8 \cdot I_{0}$ | -0.0224 | -0.1049 | -0.6843 | -- |
| $11.6 \cdot I_{0}$ | -0.0233 | -0.0863 | -0.2260 | -1.3906 |
| $45.8 \cdot I_{0}$ | -0.0241 | -0.0593 | -0.1464 | -0.2433 |

Table S10: The extracted $K_{N}$ coefficients for sample L0 at 592 nm from the populations corresponding to $\langle N\rangle_{\text {avg }}$

| Intensity | $K_{1}$ | $K_{2}$ | $K_{3}$ | $K_{4}$ |
| ---: | ---: | ---: | ---: | ---: |
| $1.0 \cdot I_{0}$ | -0.018 | -0.157 | -- | -- |
| $3.8 \cdot I_{0}$ | -0.021 | -0.096 | -0.597 | -- |
| $11.6 \cdot I_{0}$ | -0.023 | -0.081 | -0.204 | -1.179 |
| $45.8 \cdot I_{0}$ | -0.024 | -0.058 | -0.139 | -0.228 |

Table S11: The extracted $K_{N}$ coefficients for sample L0 at 592 nm from the populations corresponding to $\langle N\rangle_{\text {min }}$

| Intensity | $K_{1}$ | $K_{2}$ | $K_{3}$ | $K_{4}$ |
| ---: | ---: | ---: | ---: | ---: |
| $1.0 \cdot I_{0}$ | -0.017 | -0.144 | -- | -- |
| $3.8 \cdot I_{0}$ | -0.021 | -0.089 | -0.526 | -- |
| $11.6 \cdot I_{0}$ | -0.022 | -0.076 | -0.185 | -1.016 |
| $45.8 \cdot I_{0}$ | -0.024 | -0.057 | -0.134 | -0.215 |

## 4. Cross section for stimulated emission ${ }^{4}$

The oscillator strength of a transition, $f_{21}$, is related to the Einstein coefficient for spontaneous emission, $A_{21}$, according to

$$
\begin{equation*}
f_{21}=-\frac{1}{3} \cdot A_{21} \cdot \gamma_{c l} \quad \text { where } \quad \gamma_{c l}=\frac{e^{2} \cdot \omega_{21}^{2}}{6 \pi \cdot \epsilon_{0} \cdot m \cdot c^{3}} \tag{S4.1}
\end{equation*}
$$

and $\omega_{21}$ is the oscillation frequency. The Einstein coefficient for spontaneous emission can be calculated from

$$
\begin{equation*}
A_{21}=\frac{1}{t_{s p}} \tag{S4.2}
\end{equation*}
$$

where $t_{s p}$ is the radiative lifetime of the upper level. The cross section for stimulated emission is given by

$$
\begin{equation*}
\sigma_{s t}(\nu)=f_{21} \cdot g(\nu) \tag{S4.3}
\end{equation*}
$$

where $g(\nu)$ is the spectral line shape function which is given by

$$
\begin{equation*}
g(\nu)=\frac{\pi \cdot e^{2}}{\left(\nu-\nu_{0}\right)^{2} \cdot \Delta \nu_{F W H M} \cdot \pi^{2} \cdot 2 \cdot \epsilon_{0} \cdot m \cdot c} \tag{S4.4}
\end{equation*}
$$

Using the radiative lifetime extracted from the fluorescence quantum yield and the fluorescence lifetime, we could estimate that $\sigma_{s t} \approx 0.02 \cdot \sigma_{a b s}$, where $\sigma_{s t}$ is the cross section for stimulated emission.

## 5. Absorption cross sections from different pump intensities



Figure S3: Relative absorption cross sections for $N \rightarrow N+1$-exciton transitions in sample L0 probed at 592 nm (a), L0 probed at $550 \mathrm{~nm}(\mathrm{~b}), \mathrm{S} 0$ probed at 526 nm (c), S5 probed at $540 \mathrm{~nm}(\mathrm{~d})$, $S 5$ probed at 575 nm (e) and S300 probed at $540 \mathrm{~nm}(\mathrm{f})$, calculated from three different pump intensities. The error bars for $I_{4}$ were calculated by repeating the fitting procedure with the time constants fixed at their maximum (minimum) values as estimated from a semilogarithmic plot.

## References

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