# **Supporting Information**

# Efficient and Robust Heteronuclear Cross-Polarization for High-Speed-Spinning Biological Solid-State NMR Spectroscopy

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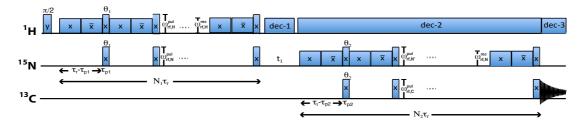


Figure S1. Detailed 2D pulse sequence for NCA/NCO experiments outlining typical  ${}^{1}H\rightarrow{}^{15}N$  (before the  $t_1$  period) and  ${}^{15}N\rightarrow{}^{13}C$  (after the  $t_1$  period) elements using RESPIRATIONCP. The initial  $(\pi/2)_y$  pulse generates x-phase coherence on the  ${}^{1}H$  spins, which in the first element is transformed to x-phase coherence on the  ${}^{15}N$  spins, which subsequently is transferred to x-phase coherence on the  ${}^{15}N$  spins. Each RESPIRATIONCP element contains the element in Fig. 1a repeated  $N_1$  and  $N_2$  rotor periods for the  ${}^{1}H\rightarrow{}^{15}N$  and  ${}^{15}N\rightarrow{}^{13}C$  coherence transfers, respectively, with each rotor period contain one small-flip-angle pulse on each channel (upon irradiation in several rotor periods these takes the form of a RESPIRATION pulse on each channel interleaved with phase-alternated CW irradiation on one of the rf channels for dipolar recoupling). For each rotor period the length of the CW irradiation (half of it with phase x, half of it with phase -x) correspond to a rotor period minus the length of the small flip-angle pulse (θ).

### 1. Experiments

All experiments were performed on a Bruker Avance 400 (9.4 T, 400 MHz for  $^1\text{H}$ ) wide-bore NMR spectrometer equipped with a standard triple-resonance 2.5 mm MAS probe. The spectra were acquired using 30 kHz sample spinning, 3 s repetition delay, 122 kHz decoupling during  $^{15}\text{N} \rightarrow ^{13}\text{C}$  coherence transfer (marked "dec-2" in Fig. S1; although the experiments also works without decoupling, this provided the most representative case relative to standard experiments in the field), and 139 kHz decoupling during acquisition (marked "dec-3 in Fig. S1). The experiments in Figs. 1d and 1e used 1024 scans, with the standard CP spectrum (red) in Fig. 1d recorded using  $^1\text{H}$ - $^1\text{SN}$  cross-polarization with rf field strengths of 70 (average) and 40 kHz on  $^1\text{H}$  and  $^1\text{SN}$ , respectively, with a 80-100% ramp<sup>2</sup> at the  $^1\text{H}$  channel during the 350  $\mu$ s contact time. The RESPIRATIONCP spectrum (red) in Fig. 1d was recorded using 60 kHz rf field strength on the  $^1\text{H}$  channel for recoupling ( $\omega_{rf,H}^{rec}/(2\pi)$  in the notation of Fig. S1), and also with 60 kHz rf field strength for each of the 3.5  $\mu$ s ( $\theta \approx 75^\circ$ ) RESPIRATION

pulses<sup>1</sup> on both the <sup>1</sup>H and <sup>15</sup>N rf channels (one pulse per rotor period of flipangle  $\theta_1$  and amplitude  $\omega_{rf,H}^{pul}/(2\pi) = \omega_{rf,N}^{pul}/(2\pi) = 60$  kHz as illustrated for the  $^{1}\text{H}$ → $^{15}\text{N}$  element in Fig. S1). The mixing time was N=6 rotor periods ( $N_{1}$  in Fig. S1), corresponding to 200 us. The  $^{15}N\rightarrow^{13}C$  coherence transfers in Fig. 1e were recorded using a carefully optimized adiabatic variant<sup>3</sup> of the DCP experiment<sup>4</sup> (a tangential shape with  $\beta$ =-500,  $\Delta$ =2300 was applied on the <sup>15</sup>N channel; similar shapes were tried for <sup>13</sup>C channel also but without improving the efficiency) with average rf field strengths of 35 and 65 kHz on the <sup>15</sup>N and <sup>13</sup>C rf channels during the 3 ms mixing time. For a volume restricted sample (sample extending over the central 2 mm in the axial dimension), the adiabatic DCP experiment provided 64% transfer relative to a corresponding direct-transfer <sup>1</sup>H-<sup>13</sup>C CP/MAS experiment, a number which is reduced to 40% for a full rotor (sample extending over 8 mm in the axial dimension; this dimension was used for all experiments presented). The RESPIRATION CP experiment for the 15N-13C transfer used phasealternated CW irradiation on the <sup>15</sup>N rf channel with amplitude of 30 kHz, while the RESPIRATION pulses on the <sup>15</sup>N and <sup>13</sup>C rf channels used 58 kHz (0.9 µs duration; i.e.,  $\theta_2 \approx 19^\circ$  using the notation in Fig. S1). The mixing time was N=60 rotor periods ( $N_2$  in Fig. S1), corresponding to 2 ms.

The experiments in Fig. 2g-j used the following parameters. The rf field strengths for the different sequences were varied in a range of [-10,10] kHz relative to the optimum values. For  ${}^{1}H\rightarrow{}^{15}N$  transfers, the rf field strengths on the  ${}^{1}H$  channel (Fig. 2g) were varied around 70 kHz in case of ramped CP (red) and around 60 kHz for the RESPIRATIONCP (blue). On the  ${}^{15}N$  channel (Fig. 2h) the center is 40 kHz for the ramped CP (Red) and 60 kHz for RESPIRATIONCP (blue). In Figs. 2i and 2j respectively, the rf field strengths on  ${}^{15}N$  and  ${}^{13}C$  were varied during the  ${}^{15}N\rightarrow{}^{13}C$  transfer centered around 35 and 30 kHz on  ${}^{15}N$  for the adiabatic DCP and RESPIRATIONCP, respectively, and around 65 and 58 kHz on the  ${}^{13}C$  channel. The remaining experimental parameters were kept same as in Fig. 1.

In Fig. 3, the resonance-offset dependencies are shown by both simulations and experimental results demonstrating the performances of the various pulse sequences over a range of 20 kHz. The relevant protein/peptide chemical shift ranges in kHz for 400 and 800 MHz spectrometer conditions are shown by the bar and dashed bar respectively. At 800 MHz these ranges (in kHz) are [-2, 2], [-2.5, 2.5], [-1.4, 1.4] and [-1.65, 1.65], respectively, for the  $^{1}$ H,  $^{13}$ C $\alpha$ ,  $^{13}$ C' and  $^{15}$ N.

The two 2D experiments in Fig. 4 were recorded with the same optimized parameters as in Fig. 1 using 64 increments in the indirect dimension and with 772 scans per increment.

#### 2. Numerical simulations

All numerical simulations were conducted using the open-source SIMPSON simulation program<sup>5-7</sup> using typical amide  $^{1}$ H,  $^{13}$ C $\alpha$ , and amide  $^{15}$ N chemical shielding tensors and heteronuclear dipolar and J couplings as given in the SIMMOL paper.<sup>8</sup> The simulations used 20 to 144 REPULSION  $\alpha$ , $\beta$  crystallite angles<sup>9</sup> and 5-18  $\gamma$ -angles distributed using  $\gamma$ -COMPPUTE.<sup>10</sup> All simulations presented correspond to 9.4 T (400 MHz resonance frequency for  $^{1}$ H) static field and  $\omega_r/2\pi$ =30 kHz sample spinning.

The <sup>RESPIRATION</sup>CP simulations in Fig. 1c use phase-alternated CW irradiation with amplitude  $\omega_{rf}=2\omega_r$  at the  $^1H$  channel for  $^1H\rightarrow^{15}N$  step and at the  $^{13}C$  channel for the  $^{15}N\rightarrow^{13}C$  step, 2  $\mu s$  interleaving rf pulses of amplitude 120 kHz (one pulse of flip-angle  $\theta\approx 90^\circ$  on each channel per rotor period; virtually identical results are obtained using substantially lower rf amplitudes on these pulses, e.g., 75 kHz ( $\theta\approx 54^\circ$ ) as used in the Fig. 3 simulations). The CP and DCP simulations in Fig. 1c uses constant amplitude rf irradiation with amplitude  $\omega_{rf}=2.5\omega_r$  and  $\omega_{rf}=1.5\omega_r$  on  $^1H$  and  $^{15}N$ , respectively, for the  $^1H\rightarrow^{15}N$  transfer and  $\omega_{rf}=1.5\omega_r$  and  $\omega_{rf}=2.5\omega_r$  on  $^{15}N$  and  $^{13}C$ , respectively, for the  $^{15}N\rightarrow^{13}C$  transfer.

The <sup>RESPIRATION</sup>CP simulations in Figs. 2a-2d use phase-alternated CW irradiation on the  $^1\text{H}$  channel for the  $^1\text{H} \rightarrow ^{15}\text{N}$  transfer (N=7 rotor period mixing) and on the  $^{13}\text{C}$  channel for the  $^{15}\text{N} \rightarrow ^{13}\text{C}$  transfer (N=68 rotor period mixing). The RESPIRATION pulses (one pulse on each channel per rotor pulse) were of duration 2  $\mu$ s implying that the vertical axes in Figs. 2a and 2b correspond to flip angles of  $\theta=0^\circ$  to  $\theta=180^\circ$ ). The DCP simulations in Figs. 2e and 2f use mixing times corresponding to 5 and 44 rotor periods, respectively.

The <sup>RESPIRATION</sup>CP simulation in Fig. 3a uses CW irradiation ( $\omega_{rf}=2\omega_{r}$ ) on the  $^{1}$ H channel (N=6 rotor period mixing) and 75 kHz rf field strength for the 2  $\mu s$  rf pulses (i.e.,  $\theta \approx 54^{\circ}$ ; we note that the broadbandedness in the  $^{15}$ N dimension increases with increasing power on these pulses). For Fig. 3d the CW irradiation ( $\omega_{rf}=2\omega_{r}$ ) is on the  $^{13}$ C rf channel (N=68 rotor period mixing), while in Fig. 3f the CW irradiation is on the  $^{15}$ N channel – in both cases 2  $\mu s$  rf pulses of 75 kHz amplitude is used (i.e.,  $\theta \approx 54^{\circ}$ ).

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