**Supporting Information For:** 

Antioxidative properties and chemical changes of quercetin in fish oil: quercetin

reacts with free fatty acids to form its ester derivatives

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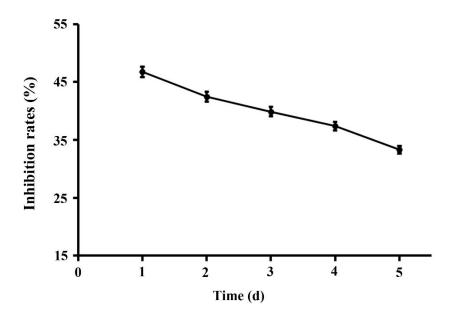


Figure S1 The Inhibition rate (%) of quercetin on the formation of total aldehydes in fish oil after heating at 60 °C for 1-5 days. Inhibition rate (%) =  $(C_{control} - C_{quercetin})/C_{control} \times 100$ , Where  $C_{control}$  is content of total aldehydes in the fish oil without quercetin,  $C_{quercetin}$  is content of total aldehydes in the fish oil with quercetin. Values are mean  $\pm$  standard deviation, n = 3.

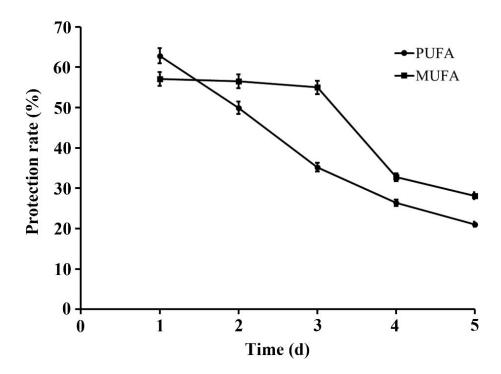


Figure S2 The protection rate (%) of quercetin on MUFA and PUFA in fish oil after heating at 60 °C for 1-5 days. Protection rate (%) =  $(C_{quercetin} - C_{control})/(C_0 - C_{control}) \times 100$ , Where  $C_{control}$  is content of PUFA and MUFA in the fish oil without quercetin,  $C_{quercetin}$  is content of PUFA and MUFA in the fish oil with quercetin,  $C_0$  is content of PUFA and MUFA on day 0. Values are mean  $\pm$  standard deviation, n = 3.

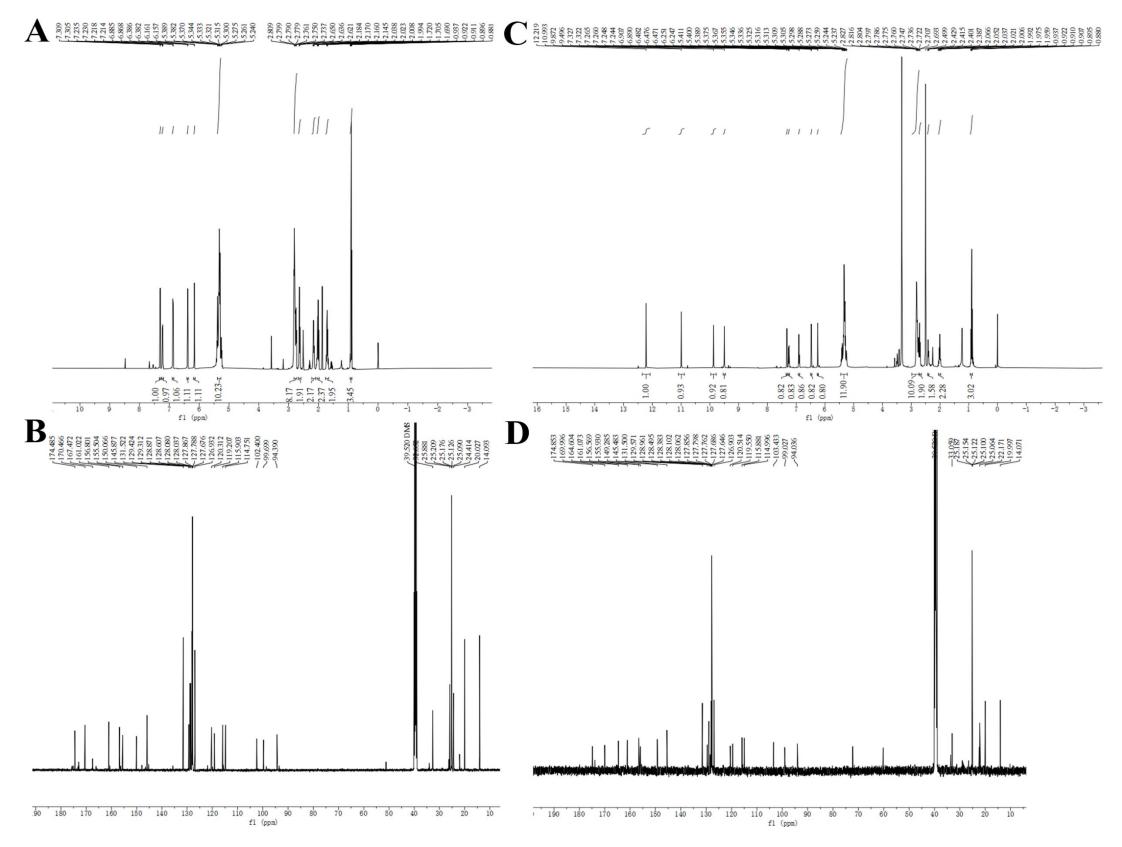


Figure S3 <sup>1</sup>H NMR spectrum of (A) quercetin-3-O-eicosapentaenoate and (C) quercetin-3-O-docosahexaenoate (in DMSO-*d*<sub>6</sub>, 600 MHz). <sup>13</sup>C NMR spectrum of (B) quercetin-3-O-eicosapentaenoate and (D) quercetin-3-O-docosahexaenoate (in DMSO-*d*<sub>6</sub>, 150 MHz).

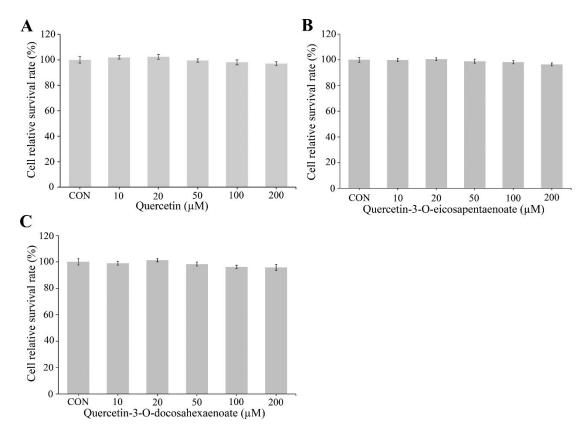


Figure S4 Viability of HepG2 cells treated with (A) quercetin, (B) quercetin-3-O-eicosapentaenoate, (C) quercetin-3-O-docosahexaenoate at different concentrations for 1 h at different concentrations for 1 h. Values are mean  $\pm$  standard deviation, n = 3.