¹ Porous Upconversion Nanostructures as Bimodal

² Biomedical Imaging Contrast Agents

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1 1. Experimental and Materials

2 1.1 Materials and Chemicals

3 Yttrium chloride hexahydrate (YCl₃ \cdot 6H₂O, 99.99%), ytterbium chloride hexahydrate

4 (YbCl₃·6H₂O, 99.998%), erbium chloride hexahydrate (ErCl₃·6H₂O, 99.9%), gadolinium

5 chloride hexahydrate (GdCl₃·6H₂O, 99%), sodium hydroxide (NaOH, 98%), ammonium fluoride

6 (NH₄F, 99.99%), oleic acid (OA, 90%), 1-octadecene (ODE, 90%), KOH (reagent grade, 90%)

7 and hydrochloric acid (HCl, 37%) were purchased from Sigma-Aldrich. All reagents were used

8 as received without further purification.

9 1.2 Nanomaterials synthesis

Core upconversion nanoparticles synthesis of NaYF₄: 20%Yb, 1%Er: The NaYF₄: 20%Yb, 10 1%Er. The typical synthesis procedure is as follows:¹ Lanthanide chloride in total 1 mmol, 11 including YCl₃, YbCl₃ and ErCl₃, were dissolved in methanol base at a molar ratio of 79:20:1 12 and then mixed with 6 ml oleic acid and 15 ml octadecene. In order to remove methanol and 13 dissolve the lanthanide salts, the mixture was heated to 150 °C for 30 minutes. After cooling to 14 room temperature, 4 mmol sodium hydroxide (NaOH) and 2.5 mmol ammonium fluoride (NH₄F) 15 in methanol solution was added and stirred for another 30 minutes. The mixture was heated at 16 90 °C for 30 minute and 150 °C for a further 10 minutes to evaporate the water and methanol. 17 Subsequently, the reaction solution was heated to 300 °C for 90 minutes. Controlling the heating 18 rate allows various sized nanoparticles to be synthesised,² large UCNPs were formed with a 6 19 20 min heating rate, small UCNPs were formed with a 12 min heating rate. The nanoparticles were washed using oleic acid, cyclohexane, methanol and ethanol mixture after the reaction solution 21 was cooled to room temperature. Samples were dispersed in cyclohexane for further use. 22

Core-shell nanostructure synthesis of $NaYF_4$: 20%Yb, 1%Er@NaYF_4: 30% Gd: The core-shell 1 structure was fabricated using a hot injection method ¹. Before the injection, the NaYF₄:30%Gd 2 shell precursor was prepared with YCl₃ and GdCl₃ salts dissolved in oleic acid and octadecene 3 with NaOH and NH₄F. Core nanoparticles (0.2 mmol) dispersion in cyclohexane was added to 3 4 ml oleic acid and 8 ml octadecene and heated to 150 °C for removing cyclohexane and possible 5 6 water and then the reaction solution was heated up to 300 °C. Shell precursor solution was injected into the core dispersion at a constant speed of 0.1 ml/min. Upon completion of the 7 injection, the mixture solution was kept at 300 °C for 10 min and then cooled to room 8 9 temperature. The precipitate was washed using the mixture of oleic acid, cyclohexane, methanol and ethanol, and dispersed in cyclohexane for characterization and porous treatment. 10

11 *Core-porous shell nanostructures synthesis of* $NaYF_4$: 20%Yb, 1%Er@ $NaYF_4$: 30% Gd: 12 Porous treatment followed our previous work ¹. Typically, 5 mmol potassium hydroxide in 13 methanol was added in 3 ml oleic acid and 8 ml octadecene and the methanol was evaporated at 14 120 °C. The temperature was decreased to 80 °C before 0.2 mmol core-shell UCNPs were added. 15 The resulting mixture was heated to 120 °C and held for 10 mins, and then increased to 300 °C 16 and maintained there for 10-15 min. The resulted precipitates were washed and stored as 17 described for the core and core-shell UNCPs.

18 1.3 Characterizations and Measurements

TEM images of all nanoparticles were recorded with a FEI Tecnai T20 transmission electron microscope. The diameter of the nanoparticles was determined, counted and graphed with ImageJ 1.50I software. The Energy Dispersive X-Ray spectroscopy (elemental mapping) of nanoparticles was performed using a JEOL JEM-ARM200f transmission electron microscope and the result was processed with Noran System 7 EDS software. Crystal phase analysis of nanoparticles was applied using a Bruker D8 Discover A25 X-ray
 diffractometer with Cu Kα1 radiation (40 kV, 40 mA, λ=0.15406 nm). The results were
 compared with PDF-4+2019 RDB database to identify the crystal phase and structure.

Photoluminescent spectra were recorded of the cyclohexane dispersions of the core, core-shell and core-porous shell UCNPs using an Ocean Optics QE65000 spectrometer at 980 nm. The emission intensity was normalized to the Er³⁺ doping concentration following quantification by ICP-MS. The single UCNPs emission performances were characterized using a homebuilt Scanning Confocal Microscopy as described elsewhere in previous work.³ All experiments were performed with a power density of 2 MW/cm².

ICP-MS quantification for the Gd³⁺ concentration was conducted as the following procedure. 10 The exact concentrations of Gd³⁺ in the stock solutions of UCNPs were determined using 11 12 inductively coupled plasma-mass spectrometry (ICP-MS) on a NexION 300X ICP-MS instrument (PerkinElmer, USA). All the UCNPs were washed using 0.1 M HCl solution gently 13 for 0.5 h to remove the OA on the surface and the UCNPs were converted to hydrophilic surfaces. 14 Since it is known that the digestion of inorganic nanoparticles (especially fluoride) can be 15 difficult, inevitably leading to underestimation of the metal ion concentration (and, in turn, over 16 estimation of relaxivity values),⁴⁻⁵ two different digestion procedures were followed and the 17 results compared. In one protocol, predetermined amounts of the UCNPs dispersions were added 18 19 directly to 2% HNO₃ and the dilutions were left at room temperature for a week. In the other protocol, predetermined amounts of UCNPs dispersions were added to 70% concentrated nitric 20 acid and left to digest overnight. The samples were then heated at 170 °C for ~5 h to complete 21 22 digestion and evaporate the acid using a SPB 15-108 heating block (PerkinElmer, USA). The dry digested sample was diluted with 2% HNO₃ and then transferred to 15 mL vials made of PP 23

before conducting ICP-MS measurements. A calibration curve was obtained by analysing serial
dilutions of a mixed element ICP-MS standard containing a known concentration of Gd³⁺.
Accuracy was confirmed by the analysis of a commercial MRI contrast agent with a known
concentration of Gd³⁺.

5 The results obtained using the two digestion protocols were found to be in agreement with 6 each other. Therefore, the average of the values from both approaches were used in relaxivity 7 determination.

Relaxivity Measurements: Four dilutions were prepared of each sample by adding Milli-Q 8 9 water. Longitudinal (T_1) and transverse (T_2) NMR relaxation times of the dilutions were measured at 25 °C on two spectrometers: a Magritek Spinsolve 43 MHz (1 T) benchtop 10 spectrometer (Magritek, New Zealand) and a Bruker Avance 500 MHz (11.7 T) spectrometer 11 (Bruker Biospin, Germany). T_1 and T_2 measurements were performed using inversion recovery⁶ 12 and CPMG pulse⁷⁻⁸ sequences, respectively. Samples were placed in straight capillary tubes 13 14 (529-D, Wilmad LabGlass, USA), which were flame sealed and then placed in 5-mm NMR tubes (528-PP-7, Wilmad Lab Glass, USA). All samples were equilibrated for 10 min. at the set 15 temperature prior to conducting relaxation measurements. All NMR experiments were carried 16 out without field frequency locking. The recycle delay was set to $\geq 5T_1$ and the signal was 17 averaged over four scans for both inversion recovery and CPMG measurements. All data fitting 18 for the T_1 and T_2 measurements was performed using OriginPro 2018 (OriginLab, USA). The 19 relaxivity was calculated from the slope of the plots of inverse relaxation times versus Gd³⁺ 20 concentration (as determined from ICP-MS). 21

2. Supplementary Results





Figure S1. Detailed composition analysis with elemental mapping of Y³⁺, Gd³⁺ and Yb³⁺ and

- EDX spectra for small core (A), core-shell (B), core-porous shell (C) UCNPs and large core (D),
- core-shell (E) and core-porous shell UCNPs.



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Figure S2. High Resolution TEM image (A) and Fast Fourier Transform image (B) of small

4 core-shell UCNP and High-Resolution TEM image (C) and Fast Fourier Transform image (D) of

5 small core-porous shell UCNP.



Materials	Size	R1	R2	Magnetic	Ref
	(nm)	(mM ⁻¹ s ⁻¹)	(mM ⁻¹ s ⁻¹)	Field (T)	
D-glucuronic acid coated Gd ₂ O ₃	1-2.5	9.9	10.5	3	9
PVP-NaGdF ₄	2.5-8	3-7.2	-	1.5	10
NaGdF ₄ :Yb, Er-NaGdF ₄ :Nd- Sodium gluconate	26	5.73	-	3	11
BaGdF ₅ :5%Eu	40	0.59	2.88-4.88	1.5	12
BaGdF ₅ :0.5%Nd		0.93	3.52-3.78		
Ba ₂ GdF ₇ :Yb, Er-PEG	24±5	2.44	-	1.5	13
NaGdF ₄ -CaCO ₃ -PEG	~10	0.42	1.64	0.5	14
NaGdF ₄ : Yb, Tm	<5	3.37		1.4	5
pp-NaGdF ₄	17.3	7.001	-	0.5	15
D-glucuronic acid coated Dy ₂ O ₃ nanoparticles	3.2	negligible	65.04	1.5	16
	D=20, L=300	negligible	181.57	1.5	
Fe ₃ O ₄ , ZnFe ₂ O ₄ , NiFe ₂ O ₄	4	5.991, 7.928, 6.850	15.534, 14.642, 12.921	1.5	17

Table S1. Comparison of the MRI signal values of UCNPs.

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