

## **Supporting Information**

### **Sources for Data in Table 1**

#### **Teas:**

Bodi, D.; Ronczka, S.; Gottschalk, C.; Behr, N.; Skibba, A.; Wagner, M.; Lahrssen-Wiederholt, M.; Preiss-Weigert, A.; These, A. Determination of pyrrolizidine alkaloids in tea, herbal drugs and honey. *Food Addit. Contam. Part A.* **2014**, *31*, 1886–1895.

#### **Honey and Pollen:**

Dübecke, A.; Beckh, G.; Lüllmann, C. Pyrrolizidine alkaloids in honey and bee pollen. *Food Addit. Contam. Part A.* **2011**, *28*, 348–358.

#### **Milk:**

Huybrechts, B.; Callebaut, A., Pyrrolizidine alkaloids in food and feed on the Belgian market. *Food Addit. Contam. Part A.* **2015**, *32*, 1939–1951.

#### **Salads:**

Wiedenfeld, H., Plants containing pyrrolizidine alkaloids: toxicity and problems. *Food Addit. Contam. Part A.* **2011**, *28*, 282–292.