### Supporting Information

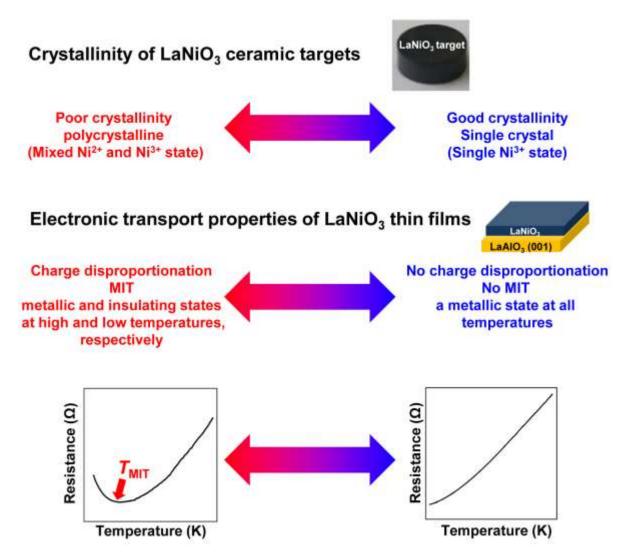
## Effect of ceramic-target crystallinity on metal-toinsulator transition of epitaxial rare-earth nickelate films grown by pulsed laser deposition

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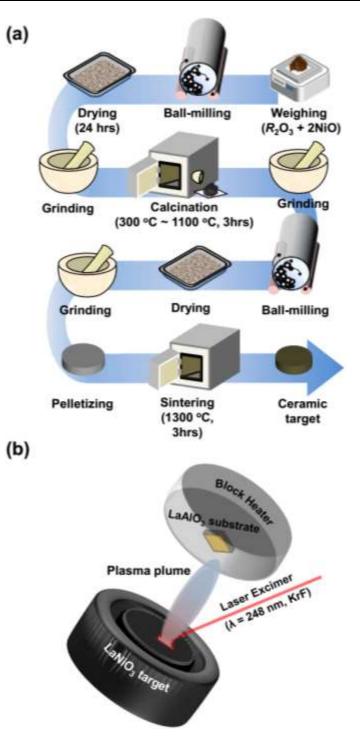
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#### Hypothesis of our study



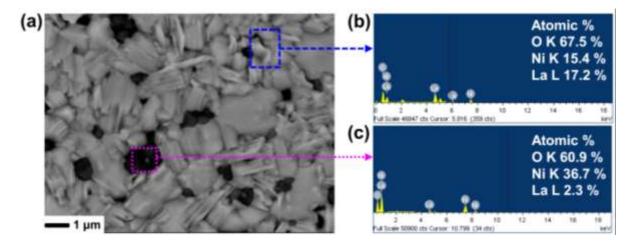
**Supplementary Fig. S1.** A schematic diagram of tuning of the metal-to-insulator phase transitions in LaNiO<sub>3</sub> thin films via the controlled crystallinity of ceramic targets in pulsed laser deposition (PLD).

Schematic illustrations of ceramic-target synthesis and thin-film growth in LaNiO3



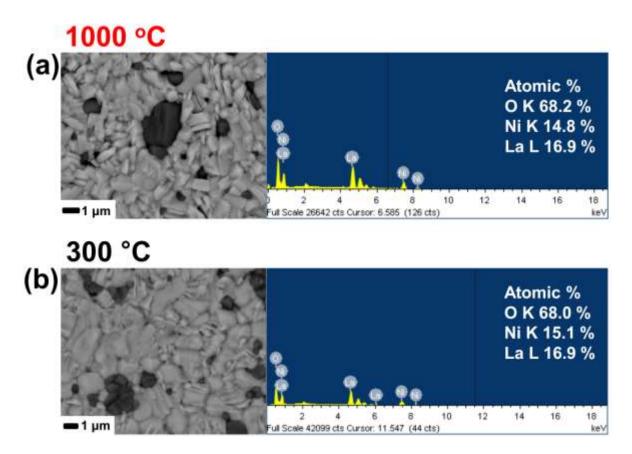
**Supplementary Fig. S2.** (a) A schematic diagram of the powder calcination and the ceramic-target synthesis in the solid-state-reaction process. (b) A schematic illustration of the pulsed laser deposition (PLD) growth of epitaxial LaNiO<sub>3</sub> (001) films.

Local elemental analyses of the as-sintered LaNiO<sub>3</sub> ceramic target using energy dispersive spectroscopy (EDS)



**Supplementary Fig. S3.** (a) The back-scattered surface image of a LaNiO<sub>3</sub> ceramic target measured by field emission-scanning electron microscope (FE-SEM). The local energy dispersive spectroscopy (EDS) of (b) the gray region [marked by the blue dashed rectangle], and (c) the black region [marked by the pink dotted square] in the back-scattered SEM image of (a). In the black region, the Ni content is exceedingly excessive, whereas the La content is very deficient.

<u>The overall stoichiometry analyses on LaNiO<sub>3</sub> target surfaces (sintered after the calcination at 300 and 1000 °C)</u>



**Supplementary Fig. S4.** The back-scattered FE-SEM images and the corresponding EDS spectra of the as-sintered LaNiO<sub>3</sub> target surfaces after the high-temperature and low-temperature calcination at (a) 1000 and (b) 300 °C, respectively. The overall La and Ni contents between these two LaNiO<sub>3</sub> targets (calcined at 300 and 1000 °C) are identical within the measurement error.

#### Thickness estimation of epitaxial LaNiO<sub>3</sub> (001) films

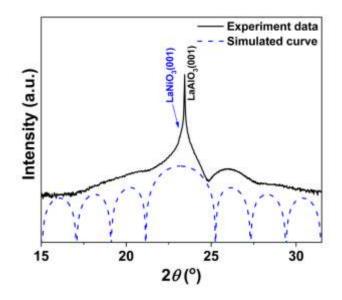
We estimated the film thickness of epitaxial LaNiO<sub>3</sub> (001) films by simulating thickness fringes around the (001) Bragg peak in their X-ray diffraction (XRD)  $\theta$ -2 $\theta$  spectra, as shown in the Supplementary Figure S5. For the simulation of the measured XRD intensity (*I*) in the thickness fringes, we used the following formulas:

$$I(q_z) \propto \frac{\sin^2(q_z \ Nd/2)}{\sin^2(q_z \ d/2)} \tag{1}$$

$$q_z = L - Q_z \tag{2}$$

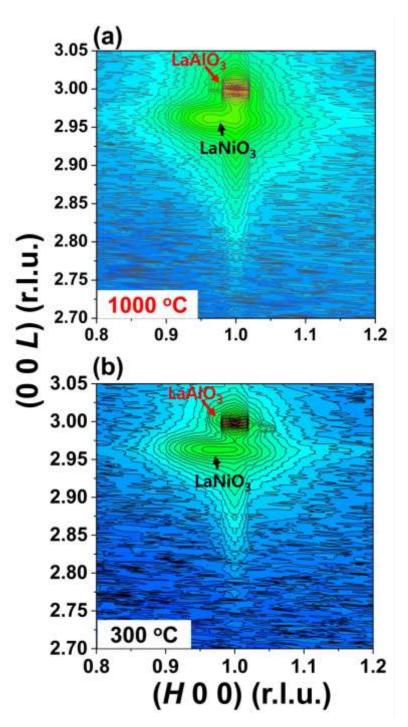
$$Q_z = \frac{4\pi}{\lambda} \sin\theta \tag{3}$$

where N represents the film thickness (the number of unit cells), d is the lattice d-spacing in the normal direction to the diffraction plane,  $\lambda$  is the X-ray wavelength (Cu K $\alpha_1 = 1.5406$  Å), and  $L = \frac{4\pi}{\lambda} \sin \theta_B$  (Here,  $\theta_B$  is the diffraction angle at the Bragg's condition). By comparing the experimental XRD data (the black solid curve) with the simulated thickness fringe (the blue dashed curve), we determined that the estimated thickness of an ultrathin LaNiO<sub>3</sub> (001) film is 10 unit cells, that is, ~3.84 nm.



**Supplementary Fig. S5.** Estimating the film thickness in an ultrathin LaNiO<sub>3</sub> (001) film. The measured XRD intensity (the black solid curve) around the (001) Bragg peak is compared with the simulated intensity (the blue dashed curve) of the oscillating thickness fringes.

High-resolution reciprocal space mappings (RSMs) of the LaNiO3 thin films

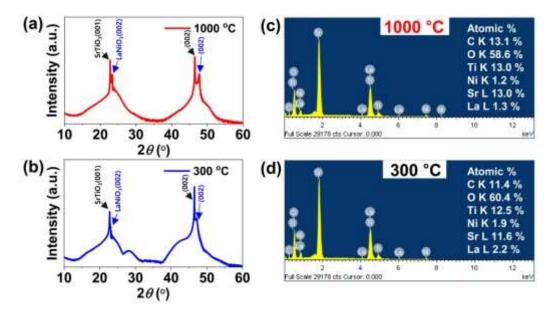


**Supplementary Fig. S6.** The RSMs of two epitaxial LaNiO<sub>3</sub> (001) films, synthesized from assintered LaNiO<sub>3</sub> ceramic targets after (a) high-temperature (1000 °C) and (b) low-temperature (300 °C) calcination, around the (103) Bragg peaks of the underlying LaAlO<sub>3</sub> substrates in pseudocubic notation. In (a) [(b)], the measured out-of-plane and in-plane lattice constants are about 3.834 (3.834) and 3.789 (3.789) Å, respectively.

# <u>The surface stoichiometry analyses of the as-grown LaNiO<sub>3</sub> thin films fabricated from different LaNiO<sub>3</sub> ceramic targets sintered after high-temperature (1000 °C) and low-temperature (300 °C) calcination</u>

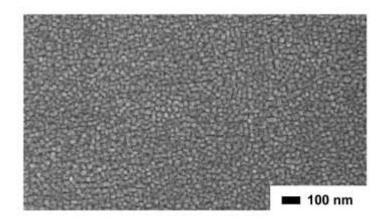
To examine the chemical stoichiometry of the as-grown LaNiO<sub>3</sub> thin films using EDS, we epitaxially grew two LaNiO<sub>3</sub> films on SrTiO<sub>3</sub> (001) substrates with two different LaNiO<sub>3</sub> ceramic targets. In LaNiO<sub>3</sub> films grown on LaAlO<sub>3</sub> (001) substrates, it is very difficult for us to estimate the accurate La content inside the LaNiO<sub>3</sub> film layer, because the incorporated La atoms in the LaAlO<sub>3</sub> substrates generate strong background signals in the raw EDS spectra. To avoid the strong background signals arising from the underlying substrate, we fabricated LaNiO<sub>3</sub> films on SrTiO<sub>3</sub> substrates composed of different cations (i.e., Sr and Ti elements).

The supplementary figure S7 shows the measured EDS spectra of epitaxial LaNiO<sub>3</sub> films grown on SrTiO<sub>3</sub> (001) substrates. Here, two LaNiO<sub>3</sub>/SrTiO<sub>3</sub> (001) films were fabricated from two LaNiO<sub>3</sub> ceramic targets sintered after the high-temperature (1000 °C) and low-temperature (300 °C) calcination. However, the measured EDS intensity of the La and Ni atoms was very weak due to the dominant signals of the Sr and Ti atoms inside the SrTiO<sub>3</sub> substrate. Nevertheless, it is worthy of note that the atomic percentages of the La and Ni elements are nearly identical to 1.25 (2.19) and 1.24 (1.92) % in the LaNiO<sub>3</sub>/SrTiO<sub>3</sub> (001) film deposited with the LaNiO<sub>3</sub> target after the high-temperature (low-temperature) calcination. This indicates that the La and Ni contents in the as-grown LaNiO<sub>3</sub> films are stoichiometric with no La or Ni vacancies.



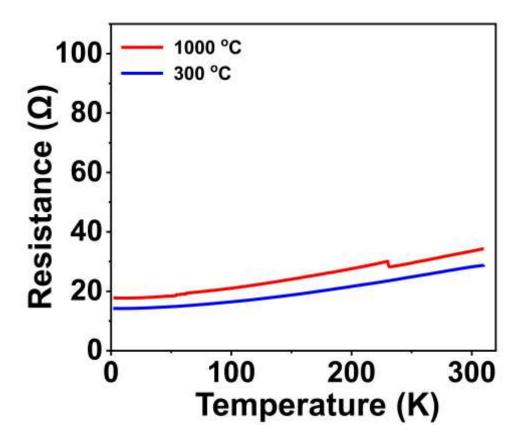
**Supplementary Fig. S7.** XRD  $\theta$ -2 $\theta$  scans of the as-grown LaNiO<sub>3</sub>/SrTiO<sub>3</sub> (001) films fabricated from two LaNiO<sub>3</sub> ceramic targets sintered after the (a) high-temperature (1000 °C) and (b) low-temperature (300 °C) calcination. (c,d) The corresponding EDS spectra of the as-deposited LaNiO<sub>3</sub>/SrTiO<sub>3</sub> (001) film surfaces in (a) and (b), respectively.

### The surface morphology of the LaNiO<sub>3</sub> (001) thin film

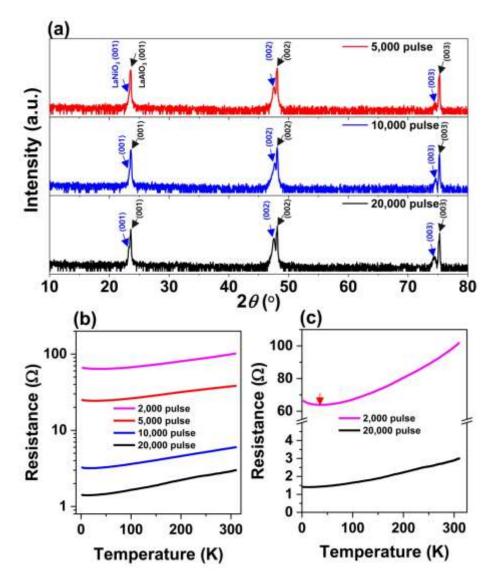


**Supplementary Fig. S8.** The FE-SEM image of the surface topography of the as-grown LaNiO<sub>3</sub> (001) thin film.

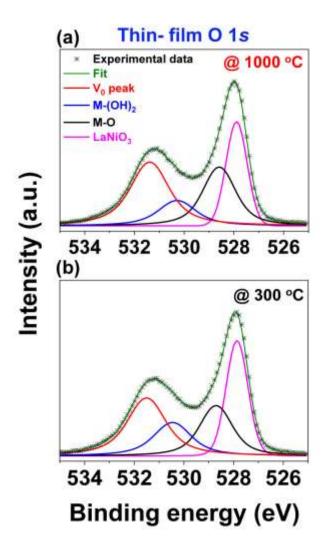
The electrical transport measurements of LaNiO<sub>3</sub> (001) thin films



**Supplementary Fig. S9.** The temperature-dependent resistance of two LaNiO<sub>3</sub> (~10 unit cells) (001) films which are twice thicker than LaNiO<sub>3</sub> (~5 unit cells) (001) films used in Fig. 4(d).



**Supplementary Fig. S10.** (a) XRD  $\theta$ -2 $\theta$  scans of epitaxial LaNiO<sub>3</sub>/LaAlO<sub>3</sub> (001) films with different thickness. Here, the film thickness is manipulated by the number ( $N_{pulse}$ ) of the applied laser pulses. (b) The thickness dependence of electrical transport properties of the as-grown LaNiO<sub>3</sub>/LaAlO<sub>3</sub> (001) films. (c) A comparison of the transport properties between two LaNiO<sub>3</sub> films with different thickness. The thinner LaNiO<sub>3</sub> film ( $N_{pulse}$  = 2000 pulses) exhibits a metal-to-insulator transition (a red arrow), while the thicker LaNiO<sub>3</sub> film ( $N_{pulse}$  = 20000 pulses) is metallic at all temperatures.



**Supplementary Fig. S11.** XPS spectra at the O 1s edge of two as-grown LaNiO<sub>3</sub> (001) films [the same samples used in Figs. 5(a) and 5(b)] fabricated from two different LaNiO<sub>3</sub> ceramic targets sintered after (a) high-temperature (1000 °C) and (b) low-temperature (300 °C) calcination. The red, blue, black, and magenta solid lines represent the fitted curves of the oxygen vacancy (V<sub>O</sub>) peak, the metal hydrate (M-(OH)<sub>2</sub>) peak, the metal oxide (M-O) peak, and the lattice oxygen peak in LaNiO<sub>3</sub>, respectively.